

2014 ZONE 4 CHAMPIONSHIP MEET
THE SOSSA QUALIFIER MEET - 15/05/2014
Niagara Olympic Club- @ Wet Park
Results

Women 100 Meter Dash Midget

=====				
Zone IV: R 12.96	13/05/2005	LEIGH VEERMAN, Laura Secord		
Pre 2004: r 12.20	1979	YVETTE JULES, Grantham		
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 TRINITY LOUGHEED		LAURA SECORD S S	13.59Q	1
2 LYNDSEY COOKE		GRIMSBY SS	13.77Q	2
3 CARLI WHITE		SWC	13.91Q	2
4 OLHA WLOCH		HOLY CROSS H S	14.26Q	1
5 NICOLE KRAUSE		EDEN HS	14.39Q	2
6 LAUREN HILL		GOVERNOR SIMCOE S S	14.40Q	1
7 OLGA RAPITA		DENIS MORRIS H S	14.84q	1
8 HANNAH BAKER		THOROLD SS	14.90q	2
9 THERESE ZAMORA		DENIS MORRIS H S	14.93	1
10 TAYLOR SIMONEAU		GOVERNOR SIMCOE S S	15.07	2
11 SYDNEY FOSTER		BLESSED TRINITY H S	15.20	2
12 TAYLOR WIEBE		HOLY CROSS H S	15.21	2
13 JAMIE ELLIOT		GRIMSBY SS	15.23	1
14 ALIYAH MORRIS		ST. FRANCIS S S	15.86	2
15 SAMATHA FLINT		SOUTH LINCOLN H S	16.77	1

Women 100 Meter Dash Midget

=====				
Zone IV: R 12.96	13/05/2005	LEIGH VEERMAN, Laura Secord		
Pre 2004: r 12.20	1979	YVETTE JULES, Grantham		
Name	Year	School	Finals	
=====				
Finals				
1 TRINITY LOUGHEED		LAURA SECORD S S	13.81	
2 LYNDSEY COOKE		GRIMSBY SS	14.09	
3 CARLI WHITE		SWC	14.17	
4 OLHA WLOCH		HOLY CROSS H S	14.68	
5 NICOLE KRAUSE		EDEN HS	14.72	
6 LAUREN HILL		GOVERNOR SIMCOE S S	14.81	
7 HANNAH BAKER		THOROLD SS	14.93	
8 OLGA RAPITA		DENIS MORRIS H S	15.25	
Preliminaries				
9 THERESE ZAMORA		DENIS MORRIS H S		
10 TAYLOR SIMONEAU		GOVERNOR SIMCOE S S		
11 SYDNEY FOSTER		BLESSED TRINITY H S		
12 TAYLOR WIEBE		HOLY CROSS H S		
13 JAMIE ELLIOT		GRIMSBY SS		
14 ALIYAH MORRIS		ST. FRANCIS S S		
15 SAMATHA FLINT		SOUTH LINCOLN H S		

Women 200 Meter Dash Midget

=====				
Zone IV: R 26.59	17/05/2012	SAVANAH ALLEN, Denis Morris		
Pre 2004: r 25.25	1997	DIANE PEITSCH, Sir Winston Churc		
Name	Year	School	Finals	H#
=====				
Finals				
1 LYNDSEY COOKE		GRIMSBY SS	29.28	2
2 GABRIELLE PAUPST		GRIMSBY SS	29.37	2

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3	NAOMI VOS	EDEN HS	30.40	2
4	OLHA WLOCH	HOLY CROSS H S	30.55	2
5	LAUREN HILL	GOVERNOR SIMCOE S S	30.57	2
6	ERYKA SNEATH	THOROLD SS	30.58	2
7	RILEIGH MCNEIL	HOLY CROSS H S	30.64	2
8	JAMIE ELLIOT	GRIMSBY SS	32.09	1
9	THERESE ZAMORA	DENIS MORRIS H S	32.09	2
10	BRIELLE KAMINSKY	SWC	32.56	1
11	MEAGAN DOWNES	THOROLD SS	32.87	1
12	SYDNEY FOSTER	BLESSED TRINITY H S	33.12	1
13	LILA MOTTIAR	BEAMSVILLE D S S	35.06	1
14	JAELYNN ROQUE	ST. FRANCIS S S	36.85	1

Women 400 Meter Dash Midget

=====				
Zone IV: R 1:01.66 12/05/2010 MADISON CLARKE, West Park				
Pre 2004: r 1:01.60 1981 LORI LITTLEBOY, St Catharin				
	Name	Year School		Finals
=====				
1	ASHLYN BEECROFT	EDEN HS	1:03.43	
2	JENNEKE PILLING	EDEN HS	1:04.77	
3	GABRIELLE PAUPST	GRIMSBY SS	1:09.14	
4	LILA MOTTIAR	BEAMSVILLE D S S	1:14.49	
5	BRIELLE KAMINSKY	SWC	1:22.56	

Women 800 Meter Run Midget

=====				
Zone IV: R 2:23.55 17/05/2012 TRACEY MYERS, Blessed Trin				
Pre 2004: r 2:20.50 1999 MONIKA GRABOWIECKA, Sir Win				
	Name	Year School		Finals
=====				
1	AVERY GOERTZ	GOVERNOR SIMCOE S S	2:28.58	
2	BROOKE IANIERO	EDEN HS	2:30.72	
3	CELINA BOORSMA	SMITHVILLE CHS	2:41.23	
4	CAILEN ROTZ	EDEN HS	2:44.46	
5	NICOLE MEECHAM	BEAMSVILLE D S S	2:49.99	
6	TAYLOR YOUNG	SWC	2:53.57	
7	RILEIGH MCNEIL	HOLY CROSS H S	2:57.80	
8	VICTORIA CLAYSON	BEAMSVILLE D S S	3:01.65	
9	SARAH ST. ANGELO	EDEN HS	3:27.25	

Women 1500 Meter Run Midget

=====				
Zone IV: R 4:57.78 13/05/2004 KELSIE SLATER, Grimsby DSS				
Pre 2004: r 4:54.80 1999 MONIKA GRABOWIECKA, Sir Win				
	Name	Year School		Finals
=====				
1	HALEY ESAU	EDEN HS	5:04.41	
2	AVERY GOERTZ	GOVERNOR SIMCOE S S	5:08.25	
3	KAYLA MCGOWAN	EDEN HS	5:08.52	
4	BROOKE IANIERO	EDEN HS	5:16.32	
5	CELINA BOORSMA	SMITHVILLE CHS	5:43.54	
6	CAILEN ROTZ	EDEN HS	5:52.90	
7	TAYLOR YOUNG	SWC	6:05.26	

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....Women 1500 Meter Run Midget

8 VICTORIA CLAYSON	BEAMSVILLE D S S	6:11.87
9 AMY MACLEOD	GRIMSBY SS	6:19.61
10 SOPHIA CHOUINARD	GRIMSBY SS	6:32.96

Women 3000 Meter Run Midget

=====			
Zone IV: R 10:39.44	13/05/2010	COURTNEY FALARDEAU, Govern	
Pre 2004: r 11:03.97	2000	MONIKA GRABOWIECKA, Sir Wi	
Name	Year School	Finals	
=====			
1 HALEY ESAU	EDEN HS	11:20.31	
2 KAYLA MCGOWAN	EDEN HS	11:20.32	
3 CELINA BOORSMA	SMITHVILLE CHS	12:44.55	

Women 80 Meter Hurdles Midget

=====			
Zone IV: R 13.10	13/05/2010	MARY OLLIER, Grimsby	
Pre 2004: r 12.50	1982	SHARI ORDERS, Niagara District	
Name	Year School	Prelims	H#
=====			
Preliminaries			
1 TRINITY LOUGHEED	LAURA SECORD S S	13.54q	1
2 CARLI WHITE	SWC	13.57q	2
3 ALEX COOK	SWC	13.80q	1
4 KEANNA SCHUSTER	BEAMSVILLE D S S	14.36q	1
5 VICTORIA WAITE	GRIMSBY SS	15.17q	2
6 LINDSEY COOKE	GRIMSBY SS	15.84q	2
7 GABRIELLE PAUPST	GRIMSBY SS	16.04q	1
8 TORI LANCASTER	LAURA SECORD S S	16.79q	2
9 SOPHIA CHOUINARD	GRIMSBY SS	17.63	1

Women 80 Meter Hurdles Midget

=====			
Zone IV: R 13.10	13/05/2010	MARY OLLIER, Grimsby	
Pre 2004: r 12.50	1982	SHARI ORDERS, Niagara Distric	
Name	Year School	Finals	
=====			
Finals			
1 TRINITY LOUGHEED	LAURA SECORD S S	13.77	
2 CARLI WHITE	SWC	14.05	
3 ALEX COOK	SWC	14.25	
4 KEANNA SCHUSTER	BEAMSVILLE D S S	14.75	
5 GABRIELLE PAUPST	GRIMSBY SS	15.01	
6 VICTORIA WAITE	GRIMSBY SS	15.04	
7 LINDSEY COOKE	GRIMSBY SS	15.65	
8 TORI LANCASTER	LAURA SECORD S S	16.97	
Preliminaries			
9 SOPHIA CHOUINARD	GRIMSBY SS		

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Women 300 Meter Hurdles Midget

Zone IV: R 47.23	13/05/2005	ESTHER VERMEER, Smithville DC
Pre 2004: r 47.07	1997	KRISTY DEVRIES, Laura Secord
Name	Year School	Finals

Finals

1 HANNAH BAKER	THOROLD SS	52.43
2 VICTORIA WAITE	GRIMSBY SS	55.77
3 GRACEN MAHONEY	DENIS MORRIS H S	56.44

Women 4x100 Meter Relay Midget

Zone IV: R 55.12	12/05/2005	GRIMSBY SECONDARY, Grimsby Se
		K. MacLeod, H.r Kurpe, V. Lang, B. Kadwell
Pre 2004: R 53.20	1977	, Sir Winston Churchill
Pre 2004: r 53.20	1971	, Sir Winston Churchill
School		Finals

1 GRIMSBY SS 'A'	56.44
1) LYNDSEY COOKE	2) GABRIELLE PAUPST
3) VICTORIA WAITE	4) SOPHIA CHOUINARD
2 HOLY CROSS H S 'A'	58.54
1) OLHA WLOCH	2) SONIA PEREIRA
3) TESSA CZERLAU	4) TAYLOR WIEBE
3 THOROLD SS 'A'	1:01.34
1) HANNAH BAKER	2) MEAGAN DOWNES
3) ERYKA SNEATH	4)

Women High Jump Midget

Zone IV: R 1.56m	14/05/2009	CRYSTAL ELMERS, Smithville D
Pre 2004: r 1.63m	1990	JANET WHEELER, Grimsby Second
Name	Year School	Finals

1 ROWAN THOMAS	GOVERNOR SIMCOE S S	1.55m
2 CARLI WHITE	SWC	1.45m
3 KARSYN VENUS	THOROLD SS	1.40m
3 TORI LANCASTER	LAURA SECORD S S	1.40m
5 MIRANDA JURAS	EDEN HS	1.35m
-- KEANNA SCHUSTER	BEAMSVILLE D S S	NH

Women Long Jump Midget

Zone IV: R 4.74m	11/05/2006	CHELSEA DUNCAN, Sir Winston
Pre 2004: r 4.95m	1997	ROBYN AHLSTEDT, Laura Secord
Name	Year School	Finals

1 JENNEKE PILLING	EDEN HS	4.45m
2 ASHLEY WAGTER	HERITAGE CHS	4.35m
3 TORI LANCASTER	LAURA SECORD S S	4.15m
4 ERYKA SNEATH	THOROLD SS	4.11m
5 ASHLYN BEECROFT	EDEN HS	4.10m
6 VICTORIA WAITE	GRIMSBY SS	4.03m
7 KEANNA SCHUSTER	BEAMSVILLE D S S	3.86m
8 TAYLOR SIMONEAU	GOVERNOR SIMCOE S S	3.75m

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....Women Long Jump Midget

9	RILEIGH MCNEIL	HOLY CROSS H S	3.65m
10	BRIELLE KAMINSKY	SWC	3.38m
10	MIRANDA JURAS	EDEN HS	3.38m
12	NAOMI VOS	EDEN HS	3.00m
13	TESSA CZERLAU	HOLY CROSS H S	2.96m
14	GRACEN MAHONEY	DENIS MORRIS H S	2.84m
15	GRACELYNN BLUNDELL	SWC	2.80m

Women Triple Jump Midget

=====			
Zone IV: R 10.86m 15/05/2014 ROWAN THOMAS, Governor Sim			
Pre 2004: r 10.00m 2001 HEIDI BENCH, Laura Secord Se			
Name	Year	School	Finals
=====			
1	ROWAN THOMAS	GOVERNOR SIMCOE S S	10.86mR
2	JENNEKE PILLING	EDEN HS	9.92m
3	ASHLEY WAGTER	HERITAGE CHS	9.04m
4	ERYKA SNEATH	THOROLD SS	8.93m
5	GABRIELLE PAUPST	GRIMSBY SS	8.79m
6	LILA MOTTIAR	BEAMSVILLE D S S	8.62m
7	KEAGHAN KERACHER	EDEN HS	8.37m
8	GRACELYNN BLUNDELL	SWC	8.08m
9	LAURENE CARTER	ST. CATHARINES C I	7.24m
--	SAVANNA SCHNIERLE	GOVERNOR SIMCOE S S	FOUL

Women Shot Put Midget

=====			
Zone IV: R 11.33m 15/05/2014 GRACE TENNANT, South Lincol			
Pre 2004: r 10.50m 1973 LAURA READ, Niagara District			
Name	Year	School	Finals
=====			
1	GRACE TENNANT	SOUTH LINCOLN H S	11.33mR
2	REBECCA BALYK	GOVERNOR SIMCOE S S	7.65m
3	EMILY TAYLOR	SOUTH LINCOLN H S	7.27m
4	ALANA KRZECKOWSKI	SWC	7.22m
5	TESSA CZERLAU	HOLY CROSS H S	7.01m
6	ALEXANDRA GARRAH	THOROLD SS	6.66m
7	MEAGAN DOWNES	THOROLD SS	6.54m
8	ANNELISE PERRON	SWC	5.53m

Women Discus Throw Midget

=====			
Zone IV: R 36.62m 15/05/2014 GRACE TENNANT, South Lincol			
Pre 2004: r 30.50m 1975 GAYLE WRIGHT, Grantham			
Name	Year	School	Finals
=====			
1	GRACE TENNANT	SOUTH LINCOLN H S	36.62mR
2	ROWAN THOMAS	GOVERNOR SIMCOE S S	24.30m
3	HANNAH BAKER	THOROLD SS	21.72m
4	EMILY TAYLOR	SOUTH LINCOLN H S	20.80m
5	TAYLOR WIEBE	HOLY CROSS H S	17.83m
6	HOPE BERG	GOVERNOR SIMCOE S S	17.00m
7	DEANNA CHARTERS	SOUTH LINCOLN H S	16.60m
8	SAMATHA FLINT	SOUTH LINCOLN H S	16.18m

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9	ANNELISE PERRON	SWC	15.48m
10	ALEXANDRA GARRAH	THOROLD SS	13.48m
11	REBECCA BALYK	GOVERNOR SIMCOE S S	12.96m
12	ALANA KRZECKOWSKI	SWC	12.54m

Women Javelin Throw Midget

=====			
Zone IV: R 32.08m 15/05/2014 GRACE TENNANT, South Lincol			
Pre 2004: r 32.80m 1999 SARAH KISH, St. Francis			
Name	Year	School	Finals
=====			
1	GRACE TENNANT	SOUTH LINCOLN H S	32.08mR
2	TRINITY LOUGHEED	LAURA SECORD S S	27.48m
3	GRACE PYATT	THOROLD SS	19.39m
4	JESSICA GARR	GRIMSBY SS	19.00m
5	EMILY TAYLOR	SOUTH LINCOLN H S	18.37m
6	REBECCA BALYK	GOVERNOR SIMCOE S S	17.01m
7	DEANNA CHARTERS	SOUTH LINCOLN H S	15.95m
8	KEAGHAN KERACHER	EDEN HS	15.83m
9	ALANA KRZECKOWSKI	SWC	14.66m
10	SAMATHA FLINT	SOUTH LINCOLN H S	14.36m
11	HOPE BERG	GOVERNOR SIMCOE S S	13.92m
12	ANNELISE PERRON	SWC	12.94m
13	ALEXANDRA GARRAH	THOROLD SS	12.51m
14	CAMILLE CHOUINARD	ST. FRANCIS S S	9.30m
--	TRACY MCFARLANE	ST. FRANCIS S S	FOUL

Women 100 Meter Dash Junior

=====			
Zone IV: R 13.03 17/05/2007 CHELSEA DUNCAN, Churchill, S			
Pre 2004: r 12.18 2000 CATHARINE OKIWINSKY, St. Francis			
Name	Year	School	Prelims H#
=====			
Preliminaries			
1	VIKTORIA VANZANTEN	HERITAGE CHS	13.08Q 2
2	JASMINE LOUGHEED	LAURA SECORD S S	13.40Q 1
3	JUMMY OLADIPO	SWC	13.94Q 1
4	KALIFORNIA STEVENS	GRIMSBY SS	14.35Q 2
5	JADE CONWAY	HOLY CROSS H S	14.60Q 2
6	KATELYN SHAW	BLESSED TRINITY H S	14.64Q 1
7	ALANA HEWSON	SMITHVILLE CHS	14.85q 1
8	ALYSSA MUIR	ST. CATHARINES C I	15.01q 2
9	ERICA SIMMANIVONG	DENIS MORRIS H S	15.12 2
10	NICOLE TUCKER	ST. FRANCIS S S	15.48 2
11	KEESHIA KAMPING	SMITHVILLE CHS	15.54 1
12	SARA COTNAM	ST. FRANCIS S S	15.67 2
13	MICHELLE O'ROURKE	HOLY CROSS H S	15.70 1
14	MIRANDA BOS	SMITHVILLE CHS	15.99 1
15	LARISSA BOS	SMITHVILLE CHS	17.59 1

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Zone IV: R 13.03	17/05/2007	CHELSEA DUNCAN, Churchill, S	
Pre 2004: r 12.18	2000	CATHARINE OKIWINSKY, St. Fran	
Name	Year	School	Finals

Finals

1	VIKTORIA VANZANTEN	HERITAGE CHS	13.34
2	JASMINE LOUGHEED	LAURA SECORD S S	13.55
3	JUMMY OLADIPO	SWC	14.12
4	KALIFORNIA STEVENS	GRIMSBY SS	14.51
5	KATELYN SHAW	BLESSED TRINITY H S	14.80
6	ALANA HEWSON	SMITHVILLE CHS	15.04
7	ALYSSA MUIR	ST. CATHARINES C I	15.33

Preliminaries

5	JADE CONWAY	HOLY CROSS H S
9	ERICA SIMMANIVONG	DENIS MORRIS H S
10	NICOLE TUCKER	ST. FRANCIS S S
11	KEESHIA KAMPING	SMITHVILLE CHS
12	SARA COTNAM	ST. FRANCIS S S
13	MICHELLE O'ROURKE	HOLY CROSS H S
14	MIRANDA BOS	SMITHVILLE CHS
15	LARISSA BOS	SMITHVILLE CHS

Women 200 Meter Dash Junior

Zone IV: R 26.62	17/05/2007	ALEX GILES, Governor Sim		
Pre 2004: r 25.55	1998	DIANNE PEITSCH, Sir Winston Chur		
Name	Year	School	Finals	H#

Finals

1	VIKTORIA VANZANTEN	HERITAGE CHS	28.74	2
2	SARAH COBURN	DENIS MORRIS H S	29.83	2
3	ELIZABETH BENARD	SOUTH LINCOLN H S	30.36	2
4	KATHERINE CORNELIUS	ST. FRANCIS S S	30.94	2
5	ALEXANDRIA PAKENHAM-TROT	GRIMSBY SS	31.49	2
6	ALANA HEWSON	SMITHVILLE CHS	31.80	1
7	MICHELLE O'ROURKE	HOLY CROSS H S	32.35	1
8	NICOLE TUCKER	ST. FRANCIS S S	32.71	1
9	LARISSA BOS	SMITHVILLE CHS	36.38	1

Women 400 Meter Dash Junior

Zone IV: R 1:00.77	13/05/2004	AMANDA MCMURTRIE, South Lincol
Pre 2004: r 59.60	1986	PATTY HIEBERT, Eden High Schoo
Name	Year School	Finals H#

1	KENNEDY THOMSON	SWC	1:05.16	2
2	TAYLOR THOMSON	BLESSED TRINITY H S	1:10.99	2
3	KATHERINE CORNELIUS	ST. FRANCIS S S	1:12.35	2
4	ALYSSA MUIR	ST. CATHARINES C I	1:15.31	1
5	KALLIE CHARETTE	DENIS MORRIS H S	1:15.45	2
6	MIRANDA BOS	SMITHVILLE CHS	1:18.82	1
8	SARA DEJONG	SMITHVILLE CHS	1:26.75	1
--	SIDNEY MUMFORD	EDEN HS	DNF	2

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Women 800 Meter Run Junior

=====			
Zone IV: R 2:23.17	13/05/2005	KELSIE SLATER, Grimsby DSS	
Pre 2004: r 2:25.20	2002	CAITLIN PAULS, Sir Winston	
Name	Year	School	Finals
=====			
1 KENNEDY THOMSON		SWC	2:30.67
2 MADELEINE SMITH		SWC	2:40.52
3 HAYLEY MCMILLAN		GRIMSBY SS	2:49.45
5 NICOLINA SERKADIAN		BLESSED TRINITY H S	3:14.99
6 KIMBERLYN SHEEHAN		ST. FRANCIS S S	3:20.35
7 SARA DEJONG		SMITHVILLE CHS	3:24.86
8 SYDNEY ACOTT		SWC	3:32.38

Women 1500 Meter Run Junior

=====			
Zone IV: R 4:56.09	17/05/2012	LAURA KORSMIT, Holy Cross H	
Pre 2004: r 4:56.00	1991	KRISTIE OTTO, Lakeport	
Name	Year	School	Finals
=====			
1 KENNEDY THOMSON		SWC	5:16.26
2 MADELEINE SMITH		SWC	5:33.13
3 TAYLOR THOMSON		BLESSED TRINITY H S	5:47.20
4 HAYLEY MCMILLAN		GRIMSBY SS	6:04.96
5 NICOLINA SERKADIAN		BLESSED TRINITY H S	6:53.65
6 SYDNEY ACOTT		SWC	7:07.21

Women 3000 Meter Run Junior

=====			
Zone IV: R 10:37.15	15/05/2008	DEANNA BRASZ, Heritage Chr	
Pre 2004: r 10:39.60	1991	KRISTIE OTTO, Lakeport	
Name	Year	School	Finals
=====			
1 RACHEL LANGELAAN		BLESSED TRINITY H S	11:40.36
2 MADELEINE SMITH		SWC	12:06.24

Women 80 Meter Hurdles Junior

=====				
Zone IV: R 12.29	12/05/2011	MARY OLLIER, Grimsby DSS		
Pre 2004: r 12.00	1998	SARAH MILLER, St. Francis		
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 JASMINE LOUGHEED		LAURA SECORD S S	12.70Q	1
2 RACHEL LANGELAAN		BLESSED TRINITY H S	14.20Q	2
3 JULIA MEEBOER		BEAMSVILLE D S S	14.81Q	2
4 RACHEL HOLONIUK		GRIMSBY SS	14.81Q	1
5 AMANDA BUTTERFIELD		GRIMSBY SS	15.07Q	1
6 HAILEY OROSZ		SOUTH LINCOLN H S	16.18Q	2
7 KALIFORNIA STEVENS		GRIMSBY SS	16.24q	1
8 MARISA VANRYNSBURG		SMITHVILLE CHS	16.27q	1
9 ALEXANDRIA PAKENHAM-TROT		GRIMSBY SS	16.28	2
10 AMANDA SIPOS		BLESSED TRINITY H S	16.30	1
11 KATELYN SHAW		BLESSED TRINITY H S	16.58	2
12 KAYLA BAJZERT		BLESSED TRINITY H S	17.55	2
13 KEESHIA KAMPING		SMITHVILLE CHS	18.14	2

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Zone IV: R 12.29	12/05/2011	MARY OLLIER, Grimsby DSS	
Pre 2004: r 12.00	1998	SARAH MILLER, St. Francis	
Name	Year	School	Finals

Finals

1 JASMINE LOUGHEED	LAURA SECORD S S	13.39
2 RACHEL LANGELAAN	BLESSED TRINITY H S	14.84
3 RACHEL HOLONIUK	GRIMSBY SS	15.18
4 JULIA MEEBOER	BEAMSVILLE D S S	15.20
5 AMANDA BUTTERFIELD	GRIMSBY SS	15.67
6 HAILEY OROSZ	SOUTH LINCOLN H S	16.31
7 KALIFORNIA STEVENS	GRIMSBY SS	16.35
8 MARISA VANRYNSBURG	SMITHVILLE CHS	16.56

Preliminaries

9 ALEXANDRIA PAKENHAM-TROT	GRIMSBY SS
10 AMANDA SIPOS	BLESSED TRINITY H S
11 KATELYN SHAW	BLESSED TRINITY H S
12 KAYLA BAJZERT	BLESSED TRINITY H S
13 KEESHIA KAMPING	SMITHVILLE CHS

Women 300 Meter Hurdles Junior

Zone IV: R 47.13	11/05/2006	BRITTANY KADWELL, Grimsby DSS	
Pre 2004: r 46.00	1998	KRISTY DEVRIES, Laura Secord	
Name	Year	School	Finals

Finals

1 RACHEL LANGELAAN	BLESSED TRINITY H S	54.01
2 JULIA MEEBOER	BEAMSVILLE D S S	56.79
3 AMANDA SIPOS	BLESSED TRINITY H S	1:00.35

Women 4x100 Meter Relay Junior

Zone IV: R 53.50	13/05/2010	LAURA SECORD, Laura Secord
Pre 2004: r 51.40	1978	C. Simpson, S. Lin, H. McWilliam, A. Mazzarella
School		, Sir Winston Churchill
		Finals

1 GRIMSBY SS 'A'	56.98
1) AMANDA BUTTERFIELD	2) ALEXANDRIA PAKENHAM-TROTH
3) KALIFORNIA STEVENS	4) RACHEL HOLONIUK
2 DENIS MORRIS H S 'A'	57.20
1) KALLIE CHARETTE	2) SARAH COBURN
3) ERICA SIMMANIVONG	4) MICHELLE O'BRIEN
5) THERESE ZAMORA	6) GRACEN MAHONEY
3 SMITHVILLE CHRISTIAN H S 'A'	1:00.65
1) LARISSA BOS	2) ALANA HEWSON
3) KEESHIA KAMPING	4) MIRANDA BOS
5) MARISA VANRYNSBURG	6)

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Women High Jump Junior

Zone IV: R 1.55m 15/05/2008 HEATHER HICKS, Grimsby			
Pre 2004: r 1.70m 1992 WANITA DYKSTRA, Beacon Christ			
Name	Year	School	Finals
1 OLIVIA HAMLYN		EDEN HS	1.35m
2 KAYLA BAJZERT		BLESSED TRINITY H S	1.25m
3 AMANDA SIPOS		BLESSED TRINITY H S	J1.25m
-- KALIFORNIA STEVENS		GRIMSBY SS	NH
-- JENNY MARTIN		ST. CATHARINES C I	NH

Women Pole Vault Junior

Zone IV: R 2.71m 15/05/2008 AVERY THOMAS, Grimsby DSS			
Name	Year	School	Finals
1 JASMINE LOUGHEED		LAURA SECORD S S	2.10m
2 MEGAN SHIMMON		LAURA SECORD S S	1.80m
3 ZAHRA SIMPSON		LAURA SECORD S S	1.65m

Women Long Jump Junior

Zone IV: R 4.94m 17/05/2007 CHELSEA DUNCAN, Sir Winston			
Pre 2004: r 5.05m 1967 SHIELA FLOWERS, Laura Secord			
Name	Year	School	Finals
1 JUMMY OLADIPO		SWC	4.46m
2 VIKTORIA VANZANTEN		HERITAGE CHS	3.89m
3 SARAH COBURN		DENIS MORRIS H S	J3.89m
4 KATIE HUNTER		BEAMSVILLE D S S	3.81m
5 HAILEY OROSZ		SOUTH LINCOLN H S	3.75m
6 ELIZABETH BENARD		SOUTH LINCOLN H S	3.71m
7 NICOLE TUCKER		ST. FRANCIS S S	3.64m
8 TAYLOR ALDE-WALTERS		SOUTH LINCOLN H S	3.49m
9 SARA COTNAM		ST. FRANCIS S S	3.23m
10 ERICA SIMMANIVONG		DENIS MORRIS H S	3.05m
11 KAYLA BAJZERT		BLESSED TRINITY H S	2.72m
12 KIMBERLYN SHEEHAN		ST. FRANCIS S S	2.48m
13 ZAHRA SIMPSON		LAURA SECORD S S	2.43m
-- JADE CONWAY		HOLY CROSS H S	FOUL

Women Triple Jump Junior

Zone IV: R 10.43m 13/05/2010 MIREILLE MUSCA, Blessed Trin			
Pre 2004: r 10.94m 1992 WANITA DYKSTRA, Beacon Chris			
Name	Year	School	Finals
1 ELIZABETH BENARD		SOUTH LINCOLN H S	9.63m
2 JUMMY OLADIPO		SWC	9.61m
3 KATIE HUNTER		BEAMSVILLE D S S	8.79m
4 TAYLOR ALDE-WALTERS		SOUTH LINCOLN H S	8.43m
5 MARISA VANRYNSBURG		SMITHVILLE CHS	7.82m
6 ZAHRA SIMPSON		LAURA SECORD S S	6.69m

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Women Shot Put Junior

=====			
Zone IV: R 10.56m	15/05/2014	CASSANDRA PLUTE, Blessed Tri	
Pre 2004: r 10.86m	1979	HOLLY QUIRING, Lakeport	
Name	Year	School	Finals
=====			
1 CASSANDRA PLUTE		BLESSED TRINITY H S	10.56mR
2 TIA STYS		HOLY CROSS H S	8.64m
3 DANIELLE BRIDLE		SWC	8.50m
4 SYDNEY MIRES		LAURA SECORD S S	8.00m
5 PAIGE VEENHOF		SMITHVILLE CHS	7.73m
6 RACHEL BANNERMAN		SWC	6.68m
7 SAMANTHA WEDDERSPOON		ST. FRANCIS S S	6.29m
8 CHRISSA SINNETT		ST. CATHARINES C I	6.13m
9 MEGAN SHIMMON		LAURA SECORD S S	6.05m
10 ENYA MORTLEY		EDEN HS	5.80m

Women Discus Throw Junior

=====			
Zone IV: R 36.84m	15/05/2008	KATIE KLODNICKI, Grimsby DSS	
Pre 2004: r 35.54m	1979	NANCY MATHER, Grantham	
Name	Year	School	Finals
=====			
1 CASSANDRA PLUTE		BLESSED TRINITY H S	33.42m
2 SYDNEY MIRES		LAURA SECORD S S	29.99m
3 DANIELLE BRIDLE		SWC	23.25m
4 CHRISSA SINNETT		ST. CATHARINES C I	17.30m
5 RACHEL BANNERMAN		SWC	17.20m
6 MICHELLE O'BRIEN		DENIS MORRIS H S	16.99m
7 JUSTINE BECKER		DENIS MORRIS H S	16.76m
8 OLIVIA FRANCO		HOLY CROSS H S	15.19m
9 PAIGE VEENHOF		SMITHVILLE CHS	14.65m
10 SAMANTHA WEDDERSPOON		ST. FRANCIS S S	10.38m

Women Javelin Throw Junior

=====			
Zone IV: R 33.05m	13/05/2005	MAGGIE SCULL, Governor Simco	
Pre 2004: r 36.30m	2001	SARAH KISH, St. Francis	
Name	Year	School	Finals
=====			
1 DANIELLE BRIDLE		SWC	28.41m
2 OLIVIA FRANCO		HOLY CROSS H S	27.07m
3 HOPE LARMOUR		EDEN HS	25.83m
4 OLIVIA HAMLYN		EDEN HS	20.51m
5 KALLIE CHARETTE		DENIS MORRIS H S	20.17m
6 SYDNEY MIRES		LAURA SECORD S S	20.10m
7 TAYLOR ALDE-WALTERS		SOUTH LINCOLN H S	19.77m
8 ALANA HEWSON		SMITHVILLE CHS	19.40m
9 PAIGE VEENHOF		SMITHVILLE CHS	19.23m
10 TIA STYS		HOLY CROSS H S	18.44m
11 SIDNEY MUMFORD		EDEN HS	17.20m
12 ENYA MORTLEY		EDEN HS	16.10m
13 AMANDA BUTTERFIELD		GRIMSBY SS	15.75m
14 MICHELLE O'BRIEN		DENIS MORRIS H S	14.43m
15 RACHEL BANNERMAN		SWC	14.35m

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Women 100 Meter Dash Senior

Zone IV: R 12.43	13/05/2004	STEPHANIE FORESTELL, Beamsville		
Pre 2004: R 12.50	1980	MARTHA MERRITT, Sir Winston Chur		
Pre 2004: r 12.50	1979	DONNA WOODWARD, Sir Winston Chur		
Name	Year	School	Prelims	H#

Preliminaries

1	CASSIDY MURRAY	BLESSED TRINITY H S	13.46Q	1
2	BROOKE BOEKESTYN	HERITAGE CHS	13.52Q	2
4	SARAH CHOI	SWC	13.91Q	2
5	LYNDA OTHMAN	LAURA SECORD S S	14.00Q	1
6	DANIELLA BARICHELLO	BLESSED TRINITY H S	14.21Q	2
7	NICOLE SIMIONI	BLESSED TRINITY H S	14.14q	1
8	MARY SOPPITT	EDEN HS	14.46q	1
9	ALYSIA GOULD	SOUTH LINCOLN H S	14.57	1
10	KIANA NICHOLS	GRIMSBY SS	14.58	1
11	SARA KOVAC	EDEN HS	14.67	2
12	HANNAH SKIRROW	EDEN HS	14.99	2
13	SAMANTHA FENELON	LAURA SECORD S S	15.40	2
14	LAURA GIRALDO	HOLY CROSS H S	15.80	2

Women 100 Meter Dash Senior

Zone IV: R 12.43	13/05/2004	STEPHANIE FORESTELL, Beamsvil	
Pre 2004: R 12.50	1980	MARTHA MERRITT, Sir Winston C	
Pre 2004: r 12.50	1979	DONNA WOODWARD, Sir Winston C	
Name	Year	School	Finals

Finals

1	BROOKE BOEKESTYN	HERITAGE CHS	13.53
2	CASSIDY MURRAY	BLESSED TRINITY H S	13.74
3	SARAH CHOI	SWC	13.93
5	LYNDA OTHMAN	LAURA SECORD S S	14.22
6	DANIELLA BARICHELLO	BLESSED TRINITY H S	14.29
7	NICOLE SIMIONI	BLESSED TRINITY H S	14.36
8	MARY SOPPITT	EDEN HS	14.61

Preliminaries

9	ALYSIA GOULD	SOUTH LINCOLN H S
10	KIANA NICHOLS	GRIMSBY SS
11	SARA KOVAC	EDEN HS
12	HANNAH SKIRROW	EDEN HS
13	SAMANTHA FENELON	LAURA SECORD S S
14	LAURA GIRALDO	HOLY CROSS H S

Women 200 Meter Dash Senior

Zone IV: R 25.82	15/05/2008	CHELSEA DUNCAN, Sir Winston
Pre 2004: r 25.40	1991	NSENGA BANSFIELD, Niagara Distri
Name	Year School	Finals H#

Finals

1	SAVANAH RAINFORD-ALLEN	DENIS MORRIS H S	26.99	2
2	BROOKE BOEKESTYN	HERITAGE CHS	28.32	2
3	CASSIDY MURRAY	BLESSED TRINITY H S	28.77	2
5	SARAH CHOI	SWC	29.69	2

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....Women 200 Meter Dash Senior

6	LYNDA OTHMAN	LAURA SECORD S S	29.78	2
7	ALYSIA GOULD	SOUTH LINCOLN H S	31.10	2
8	KRISTA JONES	BLESSED TRINITY H S	31.13	1
9	KIANA NICHOLS	GRIMSBY SS	31.44	1
10	MARY SOPPITT	EDEN HS	31.49	2
11	SAMANTHA FENELON	LAURA SECORD S S	33.49	1
12	HEATHER LAPLANTE	HOLY CROSS H S	35.22	1

Women 400 Meter Dash Senior

=====			
Zone IV: R 59.72	17/05/2007	ESTHER VERMEER, Smithville D	
Pre 2004: r 57.50	1991	NSENGA BANSFIELD, Niagara Dis	
Name	Year	School	Finals
=====			
1 NILA PIO		DENIS MORRIS H S	1:04.90
2 MICHALLA BENT		LAURA SECORD S S	1:09.19
-- HAILLE NICKERSON		BLESSED TRINITY H S	DNF

Women 800 Meter Run Senior

=====			
Zone IV: R 2:20.33	13/05/2004	MEGAN STEWART, Governor Sim	
Pre 2004: r 2:21.30	1990	KRISSEY LOCKYER, Ridley Coll	
Name	Year	School	Finals
=====			
1	TRACY MYERS	GRIMSBY SS	2:27.51
2	BRIANNA IANIERO	EDEN HS	2:30.51
3	MICHALLA BENT	LAURA SECORD S S	2:43.77
4	JULIA MAY	SWC	2:45.99
5	BROOKE-LYNN AGUSTUS	LAURA SECORD S S	2:54.84
7	LAUREN BEAUDRY	DENIS MORRIS H S	3:42.97

Women 1500 Meter Run Senior

=====			
Zone IV: R 4:50.66	15/05/2014	RACHEL BARICH, Blessed Trin	
Pre 2004: r 4:53.40	2003	MONIKA GRABOWIECKA, Sir Win	
Name	Year	School	Finals
=====			
1	RACHEL BARICH	BLESSED TRINITY H S	4:50.66R
2	LAURA KORSMIT	HOLY CROSS H S	4:53.98
3	TRACY MYERS	GRIMSBY SS	5:28.48
4	SYLVANA TIDETKE	EDEN HS	5:49.06
5	JULIA MAY	SWC	5:53.63
7	LAUREN PASALUKO	SOUTH LINCOLN H S	6:50.32
8	LAUREN BEAUDRY	DENIS MORRIS H S	7:36.81

Women 3000 Meter Run Senior

=====			
Zone IV: R 10:03.77	13/05/2010	DEANNA BRASZ, Heritage	
Pre 2004: r 10:48.30	1988	MARCI AITKEN, Denis Morris	
Name	Year	School	Finals
=====			
1	LAURA KORSMIT	HOLY CROSS H S	11:01.19
2	RACHEL BARICH	BLESSED TRINITY H S	11:04.60
3	JULIA MAY	SWC	12:51.71

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Women 100 Meter Hurdles Senior

=====			
Zone IV: R 15.35	13/05/2004	LINDSAY WILLIAMSON, Grimsby D	
Pre 2004: r 15.53	2000	SARAH MILLER, St. Francis	
Name	Year	School	Finals
=====			
1 VICTORIA TOUSAW		GRIMSBY SS	17.35
2 LYNDIA OTHMAN		LAURA SECORD S S	17.36
3 JULIE DION		SWC	19.21
4 ALLY HENDRICKS		BLESSED TRINITY H S	20.33
5 JENNIFER HOGG		LAURA SECORD S S	20.50
6 SAMANTHA TUFFORD		THOROLD SS	21.72
7 SAMANTHA FENELON		LAURA SECORD S S	22.62

Women 400 Meter Hurdles Senior

=====			
Zone IV: R 1:07.28	13/05/2004	LAURA ECKER, Beamsville D	
Pre 2004: r 1:06.45	2000	KRISTY DEVRIES, Laura Secor	
Name	Year	School	Finals
=====			
1 BROOKE-LYNN AGUSTUS		LAURA SECORD S S	1:14.23
2 KATE MOORADIAN		SWC	1:16.03
3 HAILLE NICKERSON		BLESSED TRINITY H S	1:17.67
4 JENNIFER HOGG		LAURA SECORD S S	1:25.81
5 DELANEY SPENCER		LAURA SECORD S S	1:33.37
-- ALLY HENDRICKS		BLESSED TRINITY H S	DNF
-- JULIE DION		SWC	DNF

Women 4x100 Meter Relay Senior

=====			
Zone IV: R 51.99	17/05/2012	GRIMSBY D S S, Grimsby DSS	
		L Paduano, R Ross, C McClurkin, M Ollier	
Pre 2004: r 51.60	1979	, Sir Winston Churchill	
School			Finals
=====			
1 LAURA SECORD S S 'A'			52.09
1) LYNDIA OTHMAN		2) JASMINE LOUGHEED	
3) TRINITY LOUGHEED		4) BROOKE-LYNN AGUSTUS	
5) JENNIFER HOGG		6) MICHALLA BENT	
2 SIR WINSTON CHURCHILL 'A'			53.32
1) CARLI WHITE		2) JULIE DION	
3) ALEX COOK		4) MEGAN GODIN	
5) JUMMY OLADIPO		6)	
3 BLESSED TRINITY H S 'A'			54.04
1) DANIELLA BARICHELLO		2) KRISTA JONES	
3) CASSIDY MURRAY		4) NICOLE SIMIONI	
5) HAILLE NICKERSON		6)	
4 SOUTH LINCOLN H S 'A'			56.62
1) ALYSIA GOULD		2) KASSANDRA TRIFUNOVIC	
3) ELIZABETH BENARD		4) JESSIE LECHOWICZ	
5) TAYLOR WATERS		6)	
5 BEAMSVILLE D S S 'A'			56.62
1) RACHEL EAGLES		2) HANNAH EBORALL	
3) BITTNER KAYLA		4) OBRIEN HAILEY	
6 HOLY CROSS H S 'A'			1:02.20

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Women High Jump Senior

=====			
Zone IV: R 1.52m	13/05/2005	SAMANTHA MROZCEK, Holy Cross	
Pre 2004: r 1.80m	1993	WANITA DYKSTRA, Beacon Christ	
Name	Year	School	Finals
=====			
1 EMILY CAMPBELL		EDEN HS	1.40m
2 JULIE DION		SWC	1.30m

Women Pole Vault Senior

=====			
Zone IV: R 2.35m	17/05/2012	SHEENA SISAVATH, Laura Secord	
Name	Year	School	Finals
=====			
1 MICHALLA BENT		LAURA SECORD S S	1.65m
-- EMILY CAMPBELL		EDEN HS	FAIL

Women Long Jump Senior

=====			
Zone IV: R 5.23m	15/05/2008	CHELSEA DUNCAN, Sir Winston	
Pre 2004: r 5.38m	1993	WANITA DYKSTRA, Beacon Christ	
Name	Year	School	Finals
=====			
1 SAVANAH RAINFORD-ALLEN		DENIS MORRIS H S	4.79m
2 RACHEL EAGLES		BEAMSVILLE D S S	4.73m
3 ANNIE DEWAR		DENIS MORRIS H S	4.51m
4 SARA KOVAC		EDEN HS	4.43m
5 MEGAN GODIN		SWC	4.34m
6 MARY SOPPITT		EDEN HS	4.22m
7 SARAH CHOI		SWC	4.19m
8 HANNAH SKIRROW		EDEN HS	4.11m
9 HAYLEY-ANN PINFOLD		DENIS MORRIS H S	3.80m
10 KASSANDRA TRIFUNOVIC		SOUTH LINCOLN H S	3.58m
12 VICTORIA TOUSAW		GRIMSBY SS	3.33m
13 LAURA GIRALDO		HOLY CROSS H S	3.26m

Women Triple Jump Senior

=====			
Zone IV: R 10.56m	15/05/2008	LEIGH VEERMAN, Laura Secord	
Pre 2004: r 10.85m	1993	JODY MONRO, Governor Simcoe	
Name	Year	School	Finals
=====			
1 SARA KOVAC		EDEN HS	10.44m
2 RACHEL EAGLES		BEAMSVILLE D S S	9.93m
3 MEGAN GODIN		SWC	9.17m
4 HANNAH SKIRROW		EDEN HS	9.04m
5 VICTORIA TOUSAW		GRIMSBY SS	9.02m
6 EMILY BEATTY		LAURA SECORD S S	8.96m
7 KASSANDRA TRIFUNOVIC		SOUTH LINCOLN H S	8.95m
8 JESSIE LECHOWICZ		SOUTH LINCOLN H S	8.65m
9 NILA PIO		DENIS MORRIS H S	7.46m
-- ALEX SHORTRIDGE		SOUTH LINCOLN H S	FOUL

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Women Shot Put Senior

=====			
Zone IV: R 10.15m		15/05/2008	AMANDA VOORBERG, Grimsby DSS
Pre 2004: r 12.00m		1982	LAURANN COL, Merritton High
Name	Year	School	Finals
=====			
1 STEFANIE NGUYEN		ST. FRANCIS S S	8.22m
2 ERIN HARPER		SWC	8.17m
3 HANNAH NAZAR		SWC	8.15m
4 KASSANDRA TRIFUNOVIC		SOUTH LINCOLN H S	8.11m
5 EMILY DARGEL		HOLY CROSS H S	7.82m
6 ALEXANDRA HILL		LAURA SECORD S S	7.64m
7 MCKINLEY BAZYLEWSKI		SWC	7.56m
8 NICOLE SPADARO		BLESSED TRINITY H S	7.35m
9 ANGELICA ANDERSON		EDEN HS	6.72m
10 MONTANA RILEY		LAURA SECORD S S	6.62m
11 KAYLA VICKERS		SOUTH LINCOLN H S	6.38m
12 EUNICE ESPINO		ST. FRANCIS S S	5.93m
13 ALEX CUTTING		ST. FRANCIS S S	5.60m

Women Discus Throw Senior

=====			
Zone IV: R 41.21m		17/05/2007	DANA BEE, Grimsby DSS
Pre 2004: r 39.30m		2000	ANGELA MACHAJ, Denis Morris
Name	Year	School	Finals
=====			
1 MCKINLEY BAZYLEWSKI		SWC	21.15m
2 KAYLA VICKERS		SOUTH LINCOLN H S	20.78m
3 NICOLE CHIESA		DENIS MORRIS H S	19.40m
4 ALEX SHORTRIDGE		SOUTH LINCOLN H S	19.30m
5 EMILY DARGEL		HOLY CROSS H S	18.77m
6 ERIN CROSS-NICHOLS		BLESSED TRINITY H S	17.86m
7 HANNAH NAZAR		SWC	17.08m
8 DELANEY SPENCER		LAURA SECORD S S	15.56m
9 LAUREN PASALUKO		SOUTH LINCOLN H S	15.28m
10 MONTANA RILEY		LAURA SECORD S S	15.14m
11 JESSICA LEWIS		EDEN HS	13.32m
12 ALEXANDRA HILL		LAURA SECORD S S	12.30m

Women Javelin Throw Senior

=====			
Zone IV: R 34.64m		11/05/2006	JENNI BAUER, St. Francis
Pre 2004: r 37.98m		2003	SARAH KISH, St. Francis
Name	Year	School	Finals
=====			
1 ALEXANDRA HILL		LAURA SECORD S S	25.53m
2 NICOLE SPADARO		BLESSED TRINITY H S	24.58m
3 DELANEY SPENCER		LAURA SECORD S S	24.47m
4 HANNAH NAZAR		SWC	23.78m
5 SARAH FREEMAN		BLESSED TRINITY H S	23.68m
6 MONTANA RILEY		LAURA SECORD S S	23.67m
7 NICOLE CHIESA		DENIS MORRIS H S	22.85m
8 ANNIE DEWAR		DENIS MORRIS H S	22.46m
9 ANGELICA ANDERSON		EDEN HS	20.65m
10 HAYLEY-ANN PINFOLD		DENIS MORRIS H S	19.66m
11 EMILY BEATTY		LAURA SECORD S S	19.18m

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12 MCKINLEY BAZYLEWSKI	SWC	19.02m
13 EMILY DARGEL	HOLY CROSS H S	15.66m
14 STEFANIE NGUYEN	ST. FRANCIS S S	5.28m

Women 1500 Meter Steeplechase Open

Zone IV: R 5:17.69 11/05/2006 KELSIE SLATER, Grimsby DSS		
Name	Year School	Finals
1 ALYSA WOODHOUSE	DENIS MORRIS H S	6:04.83
2 BROOKE-LYNN AGUSTUS	LAURA SECORD S S	6:28.89
3 JENNIFER HOGG	LAURA SECORD S S	6:30.06
4 LAUREN PASALUKO	SOUTH LINCOLN H S	7:37.01

Women 4x400 Meter Relay Open

Zone IV: R 4:16.91 11/05/2006 GRIMSBY D S S, Grimsby DSS		
H Kurpe, A Drake, B Kadwell, K Slater		
Pre 2004: r 4:10.00 1980	, Grimsby Secondary	
School	Finals	
1 LAURA SECORD S S 'A'	4:30.02	
1) LYNDA OTHMAN	2) JASMINE LOUGHEED	
3) MIKAYLA SONNENBERG	4) TRINITY LOUGHEED	
5) BROOKE-LYNN AGUSTUS	6) JENNIFER HOGG	
2 SIR WINSTON CHURCHILL 'A'	4:33.40	
1) KENNEDY THOMSON	2) MADELEINE SMITH	
3) KATE MOORADIAN	4) MEGAN GODIN	
5) JULIE DION	6)	

Women 100 Meter Dash Ambulatory

Zone IV: R 17.43 15/05/2014 TALIN NAJARIAN, Governor Sim		
Name	Year School	Finals
1 TALIN NAJARIAN	GOVERNOR SIMCOE S S	17.43R
2 TANYA NAJARIAN	GOVERNOR SIMCOE S S	18.44

Men 100 Meter Dash Midget

Zone IV: R 11.90 12/05/2011 MICHAEL YOUNG, GSS		
Pre 2004: r 11.40 1970 TED DIDMUS, West Park		
Name	Year School	Prelims H#
Preliminaries		
1 OWEN FRIESEN	GOVERNOR SIMCOE S S	11.94Q 1
2 JOVAN GRIFFITHS	DSBN ACADEMY	11.95Q 2
3 COLE BERNISTON	BLESSED TRINITY H S	12.34Q 2
4 AVERY MARTIN	BEAMSVILLE D S S	12.48Q 1
5 HOLDEN CHILD	SWC	12.57Q 1
6 JASON LEE JONES	GOVERNOR SIMCOE S S	12.79Q 2
7 JACK ALLAN	SWC	12.89q 1
8 EVAN FITZGERALD	BEAMSVILLE D S S	13.12q 2
9 KELVIN BULJUBASIC	DSBN ACADEMY	13.26 1

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....Men 100 Meter Dash Midget

10	JACOB MALARYK	BLESSED TRINITY H S	13.36	1
11	LIAM BLACK	SOUTH LINCOLN H S	13.65	1
12	ROBERT SMITH	ST. CATHARINES C I	13.84	2
13	DAMON CHAPMAN	SWC	13.93	2
14	MARK GRIFFIN	BLESSED TRINITY H S	14.58	2

Men 100 Meter Dash Midget

=====				
Zone IV: R	11.90	12/05/2011	MICHAEL YOUNG, GSS	
Pre 2004: r	11.40	1970	TED DIDMUS, West Park	
Name		Year	School	Finals
=====				

Finals

1	OWEN FRIESEN	GOVERNOR SIMCOE S S	11.95	
2	JOVAN GRIFFITHS	DSBN ACADEMY	12.02	
3	COLE BERNISTON	BLESSED TRINITY H S	12.30	
4	HOLDEN CHILD	SWC	12.56	
5	AVERY MARTIN	BEAMSVILLE D S S	12.57	
6	JASON LEE JONES	GOVERNOR SIMCOE S S	12.62	
7	JACK ALLAN	SWC	12.86	
8	EVAN FITZGERALD	BEAMSVILLE D S S	13.18	

Preliminaries

9	KELVIN BULJUBASIC	DSBN ACADEMY		
10	JACOB MALARYK	BLESSED TRINITY H S		
11	LIAM BLACK	SOUTH LINCOLN H S		
12	ROBERT SMITH	ST. CATHARINES C I		
13	DAMON CHAPMAN	SWC		
14	MARK GRIFFIN	BLESSED TRINITY H S		

Men 200 Meter Dash Midget

=====				
Zone IV: R	24.21	17/05/2012	JAUAN SELMAN, Denis Morris	
Pre 2004: r	24.00	1979	RICK WILSON, Grantham	
Name		Year	School	Finals H#
=====				

Finals

1	OWEN FRIESEN	GOVERNOR SIMCOE S S	24.39	2
2	JOVAN GRIFFITHS	DSBN ACADEMY	24.80	2
3	COLE BERNISTON	BLESSED TRINITY H S	25.18	2
4	JOHN RILEY	SWC	26.07	2
5	JACK ALLAN	SWC	26.29	1
6	EVAN FITZGERALD	BEAMSVILLE D S S	26.65	2
7	TRISTAN VERMOLEN	LAURA SECORD S S	26.79	2
8	CHRISTIAN LEONARD	BLESSED TRINITY H S	27.31	1
9	DAMON CHAPMAN	SWC	27.77	1
10	ISAAC SERIF	DENIS MORRIS H S	27.95	1
11	JACOB MALARYK	BLESSED TRINITY H S	28.27	1
12	AVERY MARTIN	BEAMSVILLE D S S	28.30	2
13	KELVIN BULJUBASIC	DSBN ACADEMY	28.53	1

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Men 400 Meter Dash Midget

=====			
Zone IV: R 55.48		13/05/2004	JORDAN HECKMAN, Sir Winston
Pre 2004: r 53.90		1982	TODD ANDERSON, Lakeport
Name	Year	School	Finals
=====			
1 JOHN RILEY		SWC	57.05
2 EVAN FITZGERALD		BEAMSVILLE D S S	58.74
3 OLIVER WOLF		THOROLD SS	1:01.06
4 KELVIN BULJUBASIC		DSBN ACADEMY	1:04.26
5 RYAN NIEUWOLD		HERITAGE CHS	1:05.44
6 PATRICK HANNA		BLESSED TRINITY H S	1:05.56
7 TIMOTHY THOMPSON		ST. CATHARINES C I	1:26.65

Men 800 Meter Run Midget

=====			
Zone IV: R 2:05.07		13/05/2010	ZACH GODIN, Sir Winston Chu
Pre 2004: r 2:08.20		1994	NEIL O'REILLY, Sir Winston
Name	Year	School	Finals
=====			
1 THEO HASSIM		SWC	2:13.80
2 HARRISON ENNS		SWC	2:15.88
3 LOGAN MARTINEAU		HOLY CROSS H S	2:18.44
4 MATTHEW PUGLISI		EDEN HS	2:19.54
5 JACKSON HOLLOWAY		BLESSED TRINITY H S	2:20.69
6 ZACHARY CARRIER		BEAMSVILLE D S S	2:28.03
7 OWEN BACHELOR		SWC	2:36.47
8 CAMPBELL THOM		BLESSED TRINITY H S	2:39.46
10 ERIC BARANOSKI		ST. FRANCIS S S	2:42.23
11 PATRICK HANNA		BLESSED TRINITY H S	2:50.75
12 PETER SONG		ST. FRANCIS S S	2:59.88

Men 1500 Meter Run Midget

=====			
Zone IV: R 4:20.74		13/05/2004	KEVIN MOORE, Sir Winston
Pre 2004: r 4:17.10		1981	MIKE SMITH, Lakeport
Name	Year	School	Finals
=====			
1 THEO HASSIM		SWC	4:32.62
2 HARRISON ENNS		SWC	4:40.21
3 JONAS BRAUN		EDEN HS	4:41.08
4 CAL SENTANCE		DENIS MORRIS H S	4:45.65
5 MATTHEW PUGLISI		EDEN HS	4:49.29
6 OWEN BACHELOR		SWC	4:56.04
7 JACKSON HOLLOWAY		BLESSED TRINITY H S	5:08.18
8 ZACHARY CARRIER		BEAMSVILLE D S S	5:09.90
9 BRAM GRECKOWSKI		EDEN HS	5:13.30
10 LUKE SAVAGE		EDEN HS	5:13.83
11 TYLER BASTIEN		DENIS MORRIS H S	5:20.37
12 WIL RIVERA		THOROLD SS	5:21.27
13 SAM HARLEY		SWC	5:26.16

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Men 3000 Meter Run Midget

=====			
Zone IV: R 9:42.21 11/05/2006 MOHAMED AHMED, St. Catharin			
Pre 2004: r 9:21.20 1981 MIKE SMITH, Lakeport			
Name	Year	School	Finals
=====			
1 THEO HASSIM		SWC	9:55.30
2 JONAS BRAUN		EDEN HS	10:02.26
3 OWEN BACHELOR		SWC	10:20.54
4 CAL SENTANCE		DENIS MORRIS H S	10:24.21
5 LOGAN MARTINEAU		HOLY CROSS H S	10:25.70
6 LUKE SAVAGE		EDEN HS	10:55.51
7 ISSAC HENDRICKS		EDEN HS	11:09.20
8 SAM HARLEY		SWC	11:12.04
9 HARRISON ENNS		SWC	11:12.16
10 ALEXANDER WALL		HOLY CROSS H S	11:24.73
11 JOHNATHAN GLAVES		GRIMSBY SS	11:25.94
12 TYLER BASTIEN		DENIS MORRIS H S	11:27.22
13 JACOB YODER		GRIMSBY SS	11:42.13
14 ERIC BARANOSKI		ST. FRANCIS S S	12:02.38

Men 100 Meter Hurdles Midget

=====			
Zone IV: R 15.71 15/05/2008 JOSH FORESTER, Blessed Trinit			
Pre 2004: R 14.50 2001 TAI SPENCER-YAP, Laura Secord			
Pre 2004: r 14.50 1975 LEON ARENDSE, Laura Secord Se			
Name	Year	School	Finals
=====			
1 HOLDEN CHILD		SWC	15.72
2 OLIVER WOLF		THOROLD SS	16.78
3 AVERY MARTIN		BEAMSVILLE D S S	17.48
4 WILEY JOHNSON		BEAMSVILLE D S S	18.69
5 RYAN VOIT		BLESSED TRINITY H S	19.38
6 DALLAS SEABROOK		THOROLD SS	21.27

Men 300 Meter Hurdles Midget

=====			
Zone IV: R 43.95 13/05/2005 JORDAN GLANCIE, Laura Secord			
Pre 2004: r 42.49 2001 TAI SPENCER-YAP, Laura Secord			
Name	Year	School	Finals
=====			
1 TRISTAN VERMOLEN		LAURA SECORD S S	44.88
2 JOHN RILEY		SWC	46.98
3 OLIVER WOLF		THOROLD SS	47.40
4 WILEY JOHNSON		BEAMSVILLE D S S	52.28
5 RYAN VOIT		BLESSED TRINITY H S	55.18
6 DALLAS SEABROOK		THOROLD SS	59.72

Men 4x100 Meter Relay Midget

=====			
Zone IV: R 48.46 17/05/2012 DENIS MORRIS H S, Denis Morri			
J. Chambers, V. Cojocari, J. Selman, A. Wilson			
Pre 2004: r 47.60 1979 , Denis Morris			
School			Finals
=====			
1 SIR WINSTON CHURCHILL	'A'		48.72

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....Men 4x100 Meter Relay Midget

1) JACK ALLAN	2) DAMON CHAPMAN	
3) HOLDEN CHILD	4) JOHN RILEY	
2 BEAMSVILLE D S S 'A'		49.57
1) ZACHARY CARRIER	2) EVAN FITZGERALD	
3) AVERY MARTIN	4) RILEY DANIELS	
5) WILEY JOHNSON	6)	
3 BLESSED TRINITY H S 'A'		51.08
1) MARK GRIFFIN	2) JACOB MALARYK	
3) CHRISTIAN LEONARD	4) COLE BERNISTON	
5) PATRICK HANNA	6)	
4 THOROLD SS 'A'		52.54
1) BRIAN CARTMELL	2) ALEC YOUNG	
3) OLIVER WOLF	4) WIL RIVERA	

Men High Jump Midget

=====			
Zone IV: R 1.85m	17/05/2007	JEFF WEBB, Eden High Sc	
Pre 2004: r 1.87m	1995	MIKE PONIKVAR, Denis Morris	
Name	Year	School	Finals
=====			
1 JACOB LAMB		GRIMSBY SS	1.65m
2 MENDELT ELZINGA		EDEN HS	1.60m
3 DALE FALK		GOVERNOR SIMCOE S S	1.55m
4 CHRISTIAN LEONARD		BLESSED TRINITY H S	1.50m
4 ADAM BOVINE		EDEN HS	1.50m
6 ALEC YOUNG		THOROLD SS	1.45m
-- JOHNATHAN GLAVES		GRIMSBY SS	NH

Men Long Jump Midget

=====			
Zone IV: R 5.70m	17/05/2012	ALVIN FORTALEZA, Churchill, S	
Pre 2004: r 6.20m	1982	GREG BRISKIN, Lakeport	
Name	Year	School	Finals
=====			
1 RILEY DANIELS		BEAMSVILLE D S S	5.56m
2 JOVAN GRIFFITHS		DSBN ACADEMY	5.36m
3 JACOB MARTENS		EDEN HS	5.00m
4 COLE BERNISTON		BLESSED TRINITY H S	4.98m
5 WILLIAM REIL		GRIMSBY SS	4.89m
6 ALEC YOUNG		THOROLD SS	4.81m
7 CHRISTIAN LEONARD		BLESSED TRINITY H S	4.79m
8 BRIAN CARTMELL		THOROLD SS	4.73m
9 AUSTON KENNEDY		BLESSED TRINITY H S	4.38m
10 RYAN VOIT		BLESSED TRINITY H S	3.89m
11 SEAN WATSON		EDEN HS	3.60m
12 RAMY ISMAIL		EDEN HS	3.29m
13 JOSHUA LANGENDOEN		EDEN HS	2.95m

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Men Triple Jump Midget

Zone IV: R 12.08m 17/05/2012 EDVIN MILLER, Laura Secord			
Pre 2004: r 12.73m 1984 ANDY RYMSHA, Governor Simcoe			
Name	Year	School	Finals
1 RILEY DANIELS		BEAMSVILLE D S S	11.60m
2 TRISTAN VERMOLEN		LAURA SECORD S S	11.36m
3 JACOB LAMB		GRIMSBY SS	10.98m
4 HOLDEN CHILD		SWC	10.57m
5 ROBERT SMITH		ST. CATHARINES C I	10.41m
6 BRIAN CARTMELL		THOROLD SS	10.15m
7 WIL RIVERA		THOROLD SS	10.10m
8 JACOB MARTENS		EDEN HS	9.94m
9 CAYDEN LAPCEVICH		SOUTH LINCOLN H S	9.37m
10 ALEC YOUNG		THOROLD SS	9.03m
11 SEAN WATSON		EDEN HS	8.66m

Men Shot Put Midget

Zone IV: R 14.24m 17/05/2007 STEFAN PALIOS, Grimsby DSS			
Pre 2004: r 14.88m 1981 JOHN WILLMS, Eden High School			
Name	Year	School	Finals
1 CARMEN SPEDALIERE		ST. FRANCIS S S	12.92m
2 JUSTIN CULP		BLESSED TRINITY H S	11.33m
3 KEVIN BOKELAR		BLESSED TRINITY H S	11.10m
4 RILEY LEPP		GOVERNOR SIMCOE S S	9.91m
5 DAVID HUMANISKI		THOROLD SS	9.67m
6 FRANK BOESE		LAURA SECORD S S	9.44m
7 ZAC GORDON		THOROLD SS	9.34m
8 NICK GRAF		LAURA SECORD S S	9.19m
9 SEAN HOUWER		SMITHVILLE CHS	8.33m
10 DALLAS SEABROOK		THOROLD SS	7.82m
11 KYLE MCDUGALL		THOROLD SS	7.27m

Men Discus Throw Midget

Zone IV: R 50.52m 17/05/2007 STEFAN PALIOS, Grimsby DSS			
Pre 2004: r 49.92m 2001 JOHNNIE AHLSTEDT, Laura Secord			
Name	Year	School	Finals
1 RILEY LEPP		GOVERNOR SIMCOE S S	35.01m
2 CAYDEN LAPCEVICH		SOUTH LINCOLN H S	34.96m
3 PETER PASALUKO		SOUTH LINCOLN H S	34.82m
3 LIAM BLACK		SOUTH LINCOLN H S	34.82m
5 CARMEN SPEDALIERE		ST. FRANCIS S S	34.33m
6 ZAC GORDON		THOROLD SS	28.80m
7 DAVID HUMANISKI		THOROLD SS	27.39m
8 REINIA ZENKA		SOUTH LINCOLN H S	23.59m
-- AUSTON KENNEDY		BLESSED TRINITY H S	FOUL
-- JACOB LAMB		GRIMSBY SS	FOUL

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Men Javelin Throw Midget

=====			
Zone IV: R 47.47m 17/05/2007 RAY DYKSTRA, Grimsby DSS			
Pre 2004: r 49.32m 2003 SHAWN BENCH, Laura Secord Se			
Name	Year	School	Finals
=====			
1 JOSEPH JONES		BLESSED TRINITY H S	37.26m
2 JACOB MARTENS		EDEN HS	33.38m
3 DAVID HUMANISKI		THOROLD SS	33.01m
4 CAYDEN LAPCEVICH		SOUTH LINCOLN H S	32.36m
5 WILLIAM REIL		GRIMSBY SS	31.46m
6 PETER PASALUKO		SOUTH LINCOLN H S	30.03m
8 REINIA ZENKA		SOUTH LINCOLN H S	28.78m
9 SEAN HOUWER		SMITHVILLE CHS	26.98m
10 JUSTIN CULP		BLESSED TRINITY H S	26.34m
11 CARMEN SPEDALIERE		ST. FRANCIS S S	25.90m
12 LIAM BLACK		SOUTH LINCOLN H S	23.30m
13 RILEY LEPP		GOVERNOR SIMCOE S S	22.15m
14 KYLE MCDUGALL		THOROLD SS	21.93m
15 BRIAN CARTMELL		THOROLD SS	21.27m
16 NICK GRAF		LAURA SECORD S S	18.94m

Men 100 Meter Dash Junior

=====			
Zone IV: R 11.43 13/05/2005 TANNER GOODE, St.Francis			
Pre 2004: r 11.04 2003 DIRK HOFMANN, S.W.C.			
Name	Year	School	Prelims H#
=====			
Preliminaries			
1 TRENT SNYDER		GRIMSBY SS	11.81Q 2
2 ATREYU GODARD		DENIS MORRIS H S	12.44Q 1
3 PAUL BURBULEA		SWC	12.44Q 1
4 RILEY MACKINNON		SWC	12.64Q 2
5 DAMON JOHNSON		ST. CATHARINES C I	12.59Q 1
6 JACK MOSQUITE		BLESSED TRINITY H S	12.78Q 2
7 CADE SCOTT		SWC	12.91q 1
8 MITCH MUELLER		BLESSED TRINITY H S	12.98q 1
9 JACOB HINCHBERGER		SWC	13.45 2
10 CARTER ANDRES		LAURA SECORD S S	13.86 2
11 MITCHELL TOPOLINSKY		HOLY CROSS H S	13.93 1
13 JOSHUA LANGENDOEN		EDEN HS	14.86 2
14 DEVON GORDON		LAURA SECORD S S	15.68 1
15 JESUS HERNANDEZ-VARGAS		THOROLD SS	15.68 1
16 DOTUN BABAJIDE		THOROLD SS	1:01.69 2

Men 100 Meter Dash Junior

=====			
Zone IV: R 11.43 13/05/2005 TANNER GOODE, St.Francis			
Pre 2004: r 11.04 2003 DIRK HOFMANN, S.W.C.			
Name	Year	School	Finals
=====			
Finals			
1 TRENT SNYDER		GRIMSBY SS	11.51
2 PAUL BURBULEA		SWC	12.19
3 ATREYU GODARD		DENIS MORRIS H S	12.38
4 RILEY MACKINNON		SWC	12.45

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5 DAMON JOHNSON	ST. CATHARINES C I	12.51
6 JACK MOSQUITE	BLESSED TRINITY H S	12.53
7 CADE SCOTT	SWC	12.65
8 MITCH MUELLER	BLESSED TRINITY H S	12.90

Preliminaries

9 JACOB HINCHBERGER	SWC
10 CARTER ANDRES	LAURA SECORD S S
11 MITCHELL TOPOLINSKY	HOLY CROSS H S
13 JOSHUA LANGENDOEN	EDEN HS
14 DEVON GORDON	LAURA SECORD S S
15 JESUS HERNANDEZ-VARGAS	THOROLD SS
16 DOTUN BABAJIDE	THOROLD SS

Men 200 Meter Dash Junior

Zone IV: R 23.54	15/05/2008	DYLAN GRANGER, Holy Cross
Pre 2004: r 23.00	1972	VIC REMPEL, Niagara District
Name	Year School	Finals H#

Finals

1 TRENT SNYDER	GRIMSBY SS	23.75	2
2 RILEY MACKINNON	SWC	25.28	2
3 ATREYU GODARD	DENIS MORRIS H S	26.12	2
4 JACK MOSQUITE	BLESSED TRINITY H S	26.62	2
5 JACOB HINCHBERGER	SWC	26.81	2
6 MITCHELL TOPOLINSKY	HOLY CROSS H S	29.60	1
7 CARTER ANDRES	LAURA SECORD S S	30.46	1
8 DANE STEWART	THOROLD SS	30.48	1
9 DAKOTA FOLLIICK	ST. FRANCIS S S	31.33	2
10 JESUS HERNANDEZ-VARGAS	THOROLD SS	34.30	1
-- JETHRO GALINDO	DENIS MORRIS H S	DNF	2

Men 400 Meter Dash Junior

Zone IV: R 53.86	11/05/2006	LEE MORI, Denis Morris
Pre 2004: r 50.90	1986	BOB LYONS, Ridley College
Name	Year School	Finals

1 JACK MONCUR	SWC	55.64
2 DILLON ERSKINE	SOUTHLINCOLN H S	1:02.60
4 BRADLEY NIENDORF	GRIMSBY SS	1:04.82
5 CARTER ANDRES	LAURA SECORD S S	1:05.11
7 JESUS HERNANDEZ-VARGAS	THOROLD SS	1:15.32
8 DEVON GORDON	LAURA SECORD S S	1:17.85

Men 800 Meter Run Junior

Zone IV: R 2:01.11	13/05/2010	CHRIS HUTTON, Sir Winston C
Pre 2004: r 1:58.69	1997	JEFF MALLYSH, Holy Cross
Name	Year School	Finals

1 GAVIN SMITH	GRIMSBY SS	2:10.02
2 MILLAR COVENEY	SWC	2:10.50
3 JACK MONCUR	SWC	2:13.15

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....Men 800 Meter Run Junior

4	BRENDAN WHITTAKER	BEAMSVILLE D S S	2:25.42
5	YAHIA LEBAN	DENIS MORRIS H S	2:26.35
6	MATTHEW LALONDE	GRIMSBY SS	2:30.92
7	ROSS HALFYARD	SWC	2:34.37
8	BRADLEY NIENDORF	GRIMSBY SS	2:39.04
9	COLLIN DOWNS	GRIMSBY SS	2:44.28

Men 1500 Meter Run Junior

=====			
Zone IV: R 4:12.38 12/05/2011 TROY SMITH, Grimsby DSS			
Pre 2004: r 4:06.24 2002 JEFF SCULL, Beamsville Seco			
Name	Year	School	Finals
=====			
1	MILLAR COVENEY	SWC	4:22.76
2	GAVIN SMITH	GRIMSBY SS	4:23.50
3	JACK MONCUR	SWC	4:26.41
4	YAHIA LEBAN	DENIS MORRIS H S	4:48.67
5	MATTHEW LALONDE	GRIMSBY SS	4:57.36
6	ROSS HALFYARD	SWC	5:00.26
7	BRENDAN WHITTAKER	BEAMSVILLE D S S	5:08.13
8	SEBASTIAN SWAYZE	THOROLD SS	5:22.33
9	RAIMONDO ACETI	EDEN HS	5:27.68
10	BRADLEY NIENDORF	GRIMSBY SS	5:33.96
11	CALEB BUYS	SMITHVILLE CHS	5:35.04
12	COLLIN DOWNS	GRIMSBY SS	5:46.24

Men 3000 Meter Run Junior

=====			
Zone IV: R 9:15.44 17/05/2007 MOHAMED AHMED, St. Catharin			
Pre 2004: r 9:04.70 1983 MIKE SMITH, Lakeport			
Name	Year	School	Finals
=====			
1	MILLAR COVENEY	SWC	10:47.54
2	ROSS HALFYARD	SWC	11:19.90
3	SEBASTIAN SWAYZE	THOROLD SS	11:21.96
4	BRENDAN WHITTAKER	BEAMSVILLE D S S	11:59.28
5	ALEX BOEKESTYN	SMITHVILLE CHS	12:06.37
6	RAIMONDO ACETI	EDEN HS	12:21.40

Men 100 Meter Hurdles Junior

=====			
Zone IV: R 14.51 17/05/2007 TOWNSEND BENARD, Laura Secord			
Pre 2004: r 14.67 2003 TAI SPENCER-YAP, Laura Secord			
Name	Year	School	Finals
=====			
1	CADE SCOTT	SWC	16.09
2	KYLE CRAIG	LAURA SECORD S S	16.10
3	LIAM BURROWS	SOUTH LINCOLN H S	18.07
4	ADAM ZAMMITT	LAURA SECORD S S	19.21

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Men 300 Meter Hurdles Junior

=====			
Zone IV: R 44.00	13/05/2004	TYLER ROUSE, Grimsby DSS	
Pre 2004: R 42.50	2003	ROB PETERS, Grimsby	
Pre 2004: R 42.50	1994	JIM CORUPE, Denis Morris	
Pre 2004: r 42.49	2001	TAI SPENCER-YAP, Laura Secord	
Name	Year	School	Finals
=====			
1 CADE SCOTT		SWC	46.79
2 PAUL BURBULEA		SWC	49.65
3 ADAM ZAMMITT		LAURA SECORD S S	51.08
4 JETHRO GALINDO		DENIS MORRIS H S	51.87
5 DANE STEWART		THOROLD SS	59.51

Men 4x100 Meter Relay Junior

=====			
Zone IV: R 47.22	17/05/2012	GOVERNOR SIMCOE S S, Governor	
		S.Ali, D.Campbell, D. Hodges, M. Young	
Pre 2004: r 45.90	1980	, Grantham	
School			Finals
=====			
1 SIR WINSTON CHURCHILL 'A'			47.33
1) CADE SCOTT		2) RILEY MACKINNON	
3) JACOB HINCHBERGER		4) PAUL BURBULEA	
2 LAURA SECORD S S 'A'			50.06
1) KYLE CRAIG		2) CARTER ANDRES	
3) TRISTAN VERMOLEN		4) ADAM ZAMMITT	
5) DEVON GORDON		6)	
3 THOROLD SS 'A'			59.64
1) GERRIT PICCOLO		2) JESUS HERNANDEZ-VARGAS	
3) DANE STEWART		4) SEBASTIAN SWAYZE	

Men High Jump Junior

=====			
Zone IV: R 1.88m	13/05/2004	JAMES BRODHAGEN, Thorold SS-T	
Pre 2004: r 2.11m	1997	MIKE PONIKVAR, Denis Morris	
Name	Year	School	Finals
=====			
1 JOHN HAGEN		HERITAGE CHS	1.73m
2 DAMON JOHNSON		ST. CATHARINES C I	1.60m

Men Pole Vault Junior

=====			
Zone IV: R 3.30m	17/05/2007	TOWNSEND BENARD, Laura Secord	
Pre 2004: r 3.91m	1986	DAN PEROSSA, West Park	
Name	Year	School	Finals
=====			
1 ADAM ZAMMITT		LAURA SECORD S S	2.25m

Men Long Jump Junior

=====			
Zone IV: R 6.05m	17/05/2007	SHAWN HIND, Holy Cross H	
Pre 2004: r 6.55m	1992	ANDREW BELL, St Catharines Co	
Name	Year	School	Finals
=====			
1 KYLE CRAIG		LAURA SECORD S S	5.57m

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....Men Long Jump Junior

2	DAMON JOHNSON	ST. CATHARINES C I	5.35m
3	LIAM BURROWS	SOUTH LINCOLN H S	5.30m
4	PAUL BURBULEA	SWC	5.10m
5	JOHN HAGEN	HERITAGE CHS	4.97m
6	HOWELL CANLAS	THOROLD SS	4.90m
7	DAKOTA FOLLIICK	ST. FRANCIS S S	4.80m
8	MATTHEW EIZENGA	SWC	4.68m
9	JETHRO GALINDO	DENIS MORRIS H S	4.65m
10	JACOB HINCHBERGER	SWC	4.50m
11	CALEB BUYS	SMITHVILLE CHS	4.37m
12	MITCHELL TOPOLINSKY	HOLY CROSS H S	4.35m
13	MALCOLM MCCOY	ST. CATHARINES C I	4.07m

Men Triple Jump Junior

Zone IV: R 12.89m 13/05/2005 DAVID TEBBUTT, Eden Highscho
 Pre 2004: r 13.65m 2003 TUMELO MOLEKO, Ridley

Name	Year	School	Finals
------	------	--------	--------

1	KYLE CRAIG	LAURA SECORD S S	11.60m
2	JOHN HAGEN	HERITAGE CHS	11.00m
3	HOWELL CANLAS	THOROLD SS	10.90m
4	THOMAS BOEKESTYN	HERITAGE CHS	10.67m
5	MATTHEW EIZENGA	SWC	10.66m
6	ALEX BOEKESTYN	SMITHVILLE CHS	10.45m
7	MAXIM COJOCARI	DENIS MORRIS H S	10.28m

Men Shot Put Junior

Zone IV: R 16.35m 15/05/2008 STEFAN PALIOS, Grimsby DSS
 Pre 2004: r 16.03m 1990 RICK FRIESEN, Lakeport

Name	Year	School	Finals
------	------	--------	--------

1	BROCK SPELLER	SOUTH LINCOLN H S	12.66m
2	BLAKE PATTERSON	SOUTH LINCOLN H S	11.21m
3	MIKE KAZIMOWICZ	SWC	10.99m
4	CHRISTIAN BALANOWSKI	DENIS MORRIS H S	10.33m
5	THOMAS BOEKESTYN	HERITAGE CHS	10.26m
6	DAKOTAH VANDERMOLLEN	HERITAGE CHS	10.25m
7	ABDUL MATUS	SWC	9.40m
8	MINOR GAMBOA	ST. FRANCIS S S	9.30m
9	DEVON HALLETT	ST. FRANCIS S S	9.27m
10	GERRIT PICCOLO	THOROLD SS	8.85m
11	TROY MARSHALL	SOUTH LINCOLN H S	8.63m

Men Discus Throw Junior

Zone IV: R 54.43m 15/05/2008 STEFAN PALIOS, Grimsby DSS
 Pre 2004: r 45.62m 1990 RICK FRIESEN, Lakeport

Name	Year	School	Finals
------	------	--------	--------

1	BROCK SPELLER	SOUTH LINCOLN H S	48.34mr
2	HARRISON JARVIS	SWC	36.56m
3	JACOB STEVENSON	DENIS MORRIS H S	34.96m

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....Men Discus Throw Junior

4	JOSEPH KNIZAT	SWC	34.50m
5	BLAKE PATTERSON	SOUTH LINCOLN H S	31.82m
6	TROY MARSHALL	SOUTH LINCOLN H S	31.36m
7	BRANDON BENJAMINS	SMITHVILLE CHS	30.16m
8	DEVON HALLETT	ST. FRANCIS S S	28.82m
9	MITCH MUELLER	BLESSED TRINITY H S	28.37m
10	MINOR GAMBOA	ST. FRANCIS S S	26.51m
11	DILLON ERSKINE	SOUTH LINCOLN H S	25.68m
12	ABDUL MATUS	SWC	24.52m
13	DAKOTAH VANDERMOLEN	HERITAGE CHS	24.49m
14	DAKOTA FOLLIICK	ST. FRANCIS S S	22.52m
15	THOMAS BOEKESTYN	HERITAGE CHS	22.27m
16	MIKE KAZIMOWICZ	SWC	20.07m

Men Javelin Throw Junior

=====			
Zone IV: R 55.45m 15/05/2008 RAY DYKSTRA, Grimsby DSS			
Pre 2004: r 51.16m 2003 RICKY POWELL, Laura Secord S			
Name	Year	School	Finals
=====			
1	HARRISON JARVIS	SWC	41.35m
2	TROY MARSHALL	SOUTH LINCOLN H S	37.95m
3	BRANDON BENJAMINS	SMITHVILLE CHS	32.37m
4	MAXIM COJOCARI	DENIS MORRIS H S	31.72m
5	JOSEPH KNIZAT	SWC	31.52m
6	DEVON HALLETT	ST. FRANCIS S S	24.23m
7	MIKE KAZIMOWICZ	SWC	22.82m
8	GERRIT PICCOLO	THOROLD SS	21.39m
9	DANE STEWART	THOROLD SS	20.30m
10	MALCOLM MCCOY	ST. CATHARINES C I	17.31m
--	ABDUL MATUS	SWC	FOUL

Men 100 Meter Dash Senior

=====				
Zone IV: R 11.20 13/05/2004 CHRIS GERIMIA, St. Francis				
Pre 2004: R 10.77 2003 ALWYN COX, Ridley				
Pre 2004: r 10.80 1973 VIC REMPEL, Niagara District				
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	BEN GADSBY	BEAMSVILLE D S S	11.68Q	1
2	SHANE DECKER	DENIS MORRIS H S	11.69Q	2
3	JEROME DAVIS	BLESSED TRINITY H S	11.83Q	1
4	MIKE YOUNG	GOVERNOR SIMCOE S S	12.24Q	2
5	JAQUAN SELMAN	DENIS MORRIS H S	12.01Q	1
6	KYLE SCHERTZER	SWC	12.42Q	2
7	STEPHEN SMITH	ST. CATHARINES C I	12.19q	1
8	ALLEN VARY	SWC	12.32q	1
9	KEVIN BONNEAU	GRIMSBY SS	12.61	2
10	ROBERT BARBAS	HOLY CROSS H S	12.65	1
11	WILL COWLING	LAURA SECORD S S	12.85	1
12	DREW HARSHAW	SWC	12.88	1
13	SEBASTIAN CUDNEY	ST. CATHARINES C I	12.90	2
14	JOSH UPPER	THOROLD SS	13.09	2

1 WILL COWLING	LAURA SECORD S S	54.40	2
2 JUSTIN LAWLESS	SWC	54.92	2

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....Men 400 Meter Dash Senior

3	SAM GREENLAW	GOVERNOR SIMCOE S S	56.09	2
4	NICK DANNYRAM	HOLY CROSS H S	56.30	2
5	RICHARD BEAUDRY	GOVERNOR SIMCOE S S	56.92	2
6	HUNTER HOLLOWAY	GRIMSBY SS	57.72	2
7	CAMERON PHILIP	THOROLD SS	58.81	1
8	ALI SIDDIQUE	GOVERNOR SIMCOE S S	58.92	2
9	JOSH UPPER	THOROLD SS	58.96	2
10	JAMES LAWLESS	GRIMSBY SS	59.62	1
11	CHRIS YOUNG	ST. FRANCIS S S	1:01.23	1
12	CEDRIC MALANGIS-VALDES	DENIS MORRIS H S	1:02.99	1
13	BENJAMIN BONSMAS	SMITHVILLE CHS	1:04.97	1
14	GARETT PEPPER	SOUTH LINCOLN H S	1:05.86	1
15	NICHOLAS CLUTE	HOLY CROSS H S	1:07.99	1
--	EMERSON CASTANEDA	HOLY CROSS H S	DNF	1

Men 800 Meter Run Senior

=====				
Zone IV: R 1:58.13 17/05/2012 CHRIS HUTTON, Sir Wnston C				
Pre 2004: r 1:54.00 1991 BRYAN HENRY, Ridley College				
Name	Year	School	Finals	
=====				
1	ANDREW NEBEL	SWC	2:02.37	
2	CAIN HASSIM	SWC	2:04.67	
3	JUSTIN LAWLESS	SWC	2:06.92	
4	WILL COWLING	LAURA SECORD S S	2:09.30	
5	NICK DANNYRAM	HOLY CROSS H S	2:09.72	
6	HUNTER HOLLOWAY	GRIMSBY SS	2:15.45	
7	ERIC ROZON	SWC	2:19.86	
8	KYLE STIRLING	SOUTH LINCOLN H S	2:24.05	
9	CAMERON PHILIP	THOROLD SS	2:29.26	
10	ALI SIDDIQUE	GOVERNOR SIMCOE S S	2:32.43	
11	PAUL CHUN	DENIS MORRIS H S	3:15.85	

Men 1500 Meter Run Senior

=====				
Zone IV: R 3:55.89 17/05/2012 TROY SMITH, Grimsby DSS				
Pre 2004: r 3:59.70 1991 JEFF LOCKYER, Sir Winston C				
Name	Year	School	Finals	
=====				
1	ANDREW NEBEL	SWC	4:09.07	
2	CAIN HASSIM	SWC	4:13.67	
3	BRADEN KENNY	DENIS MORRIS H S	4:23.67	
4	SPENCER RABY	SWC	4:24.77	
5	DAVID ALTAMIRANO	DENIS MORRIS H S	4:27.87	
6	PAUL CHUN	DENIS MORRIS H S	4:37.47	
7	JUSTIN LAWLESS	SWC	4:40.17	
8	SCOTT SUTHERLAND	SOUTH LINCOLN H S	4:56.57	
9	HASSAN ELHAJ	ST. CATHARINES C I	5:17.87	
10	HUNTER HOLLOWAY	GRIMSBY SS	5:31.07	
11	NICHOLAS CLUTE	HOLY CROSS H S	5:48.27	

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Men 3000 Meter Run Senior

=====			
Zone IV: R 8:30.12 14/05/2009 MOHAMMED AHMED, St. Cathari			
Pre 2004: r 8:40.20 1991 JEFF LOCKYER, Sir Winston C			
Name	Year	School	Finals
=====			
1 CAIN HASSIM		SWC	9:48.07
2 ANDREW NEBEL		SWC	9:54.11
3 BRADEN KENNY		DENIS MORRIS H S	9:55.29
4 DAVID ALTAMIRANO		DENIS MORRIS H S	10:00.01
5 MATTHEW CORMIER		SWC	10:02.80
6 SPENCER RABY		SWC	10:08.00
7 SCOTT SUTHERLAND		SOUTH LINCOLN H S	10:57.84
8 JOSHUA TURNER		GRIMSBY SS	11:17.36
9 MATTHEW WASYLECZKO		GRIMSBY SS	11:52.75
10 BENJAMIN BONSMAN		SMITHVILLE CHS	12:00.12
12 ROBERT FORD		SMITHVILLE CHS	15:15.59

Men 110 Meter Hurdles Senior

=====			
Zone IV: R 14.85 15/05/2008 TOWNSEND BENARD, Laura Secord			
Pre 2004: r 15.30 1988 BRAD CARROLL, Grimsby Seconda			
Name	Year	School	Finals
=====			
1 KEVIN BONNEAU		GRIMSBY SS	15.96
2 KYLE SCHERTZER		SWC	17.21
3 MACK WILSON		LAURA SECORD S S	17.74
4 ANDREW MACKAY-COTTON		LAURA SECORD S S	17.89
5 TOMOTHY ELZINGA		GRIMSBY SS	24.79

Men 400 Meter Hurdles Senior

=====			
Zone IV: R 59.84 17/05/2007 TYLER ROUSE, Grimsby DSS			
Pre 2004: r 57.20 1995 JIM CORUPE, Denis Morris			
Name	Year	School	Finals
=====			
1 ANDREW MACKAY-COTTON		LAURA SECORD S S	1:03.74
2 MACK WILSON		LAURA SECORD S S	1:03.88
3 ERIC ROZON		SWC	1:07.07
4 DREW HARSHAW		SWC	1:10.54
5 PATRICK HOLDITCH		THOROLD SS	1:23.66

Men 4x100 Meter Relay Senior

=====			
Zone IV: R 44.51 15/05/2014 DENIS MORRIS H S, Denis Morri			
Pre 2004: r 44.60 1971 , Ridley College			
School			Finals
=====			
1 DENIS MORRIS H S 'A'			44.51R
1) TWANELL BELL		2) ATREYU GODARD	
3) JAQUAN SELMAN		4) SHANE DECKER	
5) CEDRIC MALANGIS-VALDES		6) AKEEM WILSON	
2 GOVERNOR SIMCOE S S 'A'			46.00
1) ALI SIDDIQUE		2) RICHARD BEAUDRY	
3) SAM GREENLAW		4) MIKE YOUNG	
3 SIR WINSTON CHURCHILL 'A'			46.28

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....Men 4x100 Meter Relay Senior

1) ALVIN FORTALEZA	2) KYLE SCHERTZER	
3) ALLEN VARY	4) ALEX HASLAM	
5) DREW HARSHAW	6)	
4 BLESSED TRINITY H S 'A'		47.66
1) MALIK BURDAN	2) JEROME DAVIS	
3) JACK MOSQUITE	4) RAY ZANGEVA	
5) MITCH MUELLER	6)	
5 LAURA SECORD S S 'A'		47.98
1) WILL COWLING	2) MACK WILSON	
3) TYLER WALIKI	4) ANDREW MACKAY-COTTON	
5) TERRENCE CHAN	6)	
6 HOLY CROSS H S 'A'		48.36
7 THOROLD SS 'A'		50.15
1) AUSTIN UPPER	2) JOSH UPPER	
3) CAMERON PHILIP	4) HARLIE SCAPILLATO	
8 SMITHVILLE CHRISTIAN H S 'A'		52.83
1) BENJAMIN BONSMAS	2) ERIC DENEEN	
3) SIMON FOLKERTS	4) JOSEPH ZANTINGH	

Men High Jump Senior

=====			
Zone IV: R 1.95m	11/05/2006	NICK GLOVER, Beamsville D	
Pre 2004: r 2.07m	1998	MIKE PONIKVAR, Denis Morris	
Name	Year	School	Finals
=====			
1 DAVID BAILEY		SWC	1.85m
2 CONNOR SCOTT		SWC	1.80m
3 ZACH TAYLOR		GOVERNOR SIMCOE S S	1.70m
4 ISSAC WHITTY		THOROLD SS	1.70m
5 LOGAN GAULD		THOROLD SS	1.60m
6 JACOB RANDALL		ST. CATHARINES C I	1.50m
-- TWANELL BELL		DENIS MORRIS H S	FAIL

Men Long Jump Senior

=====			
Zone IV: R 6.62m	13/05/2010	VINH LE, Holy Cross	
Pre 2004: r 6.75m	1992	RICH DUNCAN, St Catharines Co	
Name	Year	School	Finals
=====			
1 TWANELL BELL		DENIS MORRIS H S	6.30m
2 ALVIN FORTALEZA		SWC	6.14m
3 JOSEPH ZANTINGH		SMITHVILLE CHS	5.81m
4 ZACH TAYLOR		GOVERNOR SIMCOE S S	5.46m
5 AUSTIN UPPER		THOROLD SS	5.34m
6 MATTEO COLLEVECCHIO		ST. FRANCIS S S	5.23m
8 TYLER WALIKI		LAURA SECORD S S	5.21m
9 DREW HARSHAW		SWC	5.03m
10 SEBASTIAN CUDNEY		ST. CATHARINES C I	5.00m
11 DAN ALEXANDROV		EDEN HS	4.81m
13 JOE GIZZO		HOLY CROSS H S	4.41m

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Men Triple Jump Senior

=====			
Zone IV: R 13.68m	15/05/2014	JAQUAN SELMAN, Denis Morris	
Zone IV: R 13.20m			
Pre 2004: r 13.77m	1992	RICH DUNCAN, St Catharines C	
Name	Year	School	Finals
=====			
1 JAQUAN SELMAN		DENIS MORRIS H S	13.68mR
2 TWANELL BELL		DENIS MORRIS H S	13.40mR
3 STEPHEN SMITH		ST. CATHARINES C I	13.20mR
4 ZACH TAYLOR		GOVERNOR SIMCOE S S	12.39m
5 ALVIN FORTALEZA		SWC	12.37m
6 DANIEL HALL		SOUTH LINCOLN H S	11.98m
7 KYLE SCHERTZER		SWC	11.39m
8 JOSEPH ZANTINGH		SMITHVILLE CHS	11.30m
9 AUSTIN UPPER		THOROLD SS	10.70m
11 ALEX HASLAM		SWC	9.82m
12 DAVID LILLO		SWC	9.68m
13 BENJAMIN VANDERLAAN		DENIS MORRIS H S	9.67m
14 JACOB HOLTBY		ST. CATHARINES C I	9.47m

Men Shot Put Senior

=====			
Zone IV: R 16.26m	13/05/2010	STEFAN PALIOS, Grimsby DSS	
Pre 2004: r 16.92m	1991	RICK FRIESEN, Lakeport	
Name	Year	School	Finals
=====			
1 MYCHAEL BREW		ST. CATHARINES C I	12.85m
2 LIAM MCFARLANE		GRIMSBY SS	11.92m
3 JUSTIN BRODERICK		THOROLD SS	11.70m
4 NOLAN NARDANGELI		DENIS MORRIS H S	11.59m
5 ALEX JOBSON		GOVERNOR SIMCOE S S	11.27m
6 SEBASTIAN SOCCIO-MARANDO		DENIS MORRIS H S	10.93m
7 BENNY FERRARA		BLESSED TRINITY H S	10.91m
8 KYLE ERSKINE		SOUTH LINCOLN H S	10.64m
9 IAN MACMILLAN		DENIS MORRIS H S	10.26m
10 BRADEN MCKIE		HOLY CROSS H S	10.19m
11 PAUL MARTENS		SWC	9.98m
12 EVAN VLAJKOV		GRIMSBY SS	9.92m
13 ALEX MARTYNEK		HOLY CROSS H S	9.75m
14 NICK D'INTINO		HOLY CROSS H S	9.57m
15 ERIC DENEEN		SMITHVILLE CHS	9.37m
16 STEVEN DICK		GOVERNOR SIMCOE S S	8.63m

Men Discus Throw Senior

=====			
Zone IV: R 48.52m	13/05/2004	RICH JOHNSON, Governor Sim	
Pre 2004: r 46.86m	1987	DAVE DMYTRAS, Denis Morris	
Name	Year	School	Finals
=====			
1 MATTEO COLLEVECCHIO		ST. FRANCIS S S	38.47m
2 MYCHAEL BREW		ST. CATHARINES C I	34.32m
3 BRADEN MCKIE		HOLY CROSS H S	33.62m
4 JAMESD COOPER		LAURA SECORD S S	29.96m
5 ERIC DENEEN		SMITHVILLE CHS	29.59m
6 JEREMY PENNER		SWC	29.43m

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....Men Discus Throw Senior

7	EVAN VLAJKOV	GRIMSBY SS	28.57m
8	PAUL MARTENS	SWC	27.99m
9	NIKOLAS SUSNYAR	GRIMSBY SS	25.50m
10	STEVEN DICK	GOVERNOR SIMCOE S S	25.29m
11	VLADIMIR COJOCARI	DENIS MORRIS H S	24.13m
12	ALEX JOBSON	GOVERNOR SIMCOE S S	23.93m
13	SHAWN DEKLERK	SMITHVILLE CHS	21.76m
14	JACK SYGECO	ST. FRANCIS S S	20.28m
15	JOSH FERRUSI	BLESSED TRINITY H S	18.96m
16	TYLER NIENORF	GRIMSBY SS	14.04m

Men Javelin Throw Senior

=====			
Zone IV: R 69.85m 13/05/2010 RAY DYKSTRA, Grimsby DSS			
Pre 2004: r 49.30m 2001 PIERRE ROBINSON, Ridley Coll			
Name	Year	School	Finals
=====			
1	SIMON FOLKERTS	SMITHVILLE CHS	45.56m
2	JEREMY PENNER	SWC	44.25m
3	TYLER WALIKI	LAURA SECORD S S	42.17m
3	DAN ALEXANDROV	EDEN HS	42.17m
5	KYLE ERSKINE	SOUTH LINCOLN H S	41.96m
6	MYCHAEAL BREW	ST. CATHARINES C I	39.99m
7	JOE GIZZO	HOLY CROSS H S	37.76m
8	ERIC VANDERMEER	SMITHVILLE CHS	35.65m
9	BRAEDAN MCINTYRE	GRIMSBY SS	34.16m
10	DAN ZAMFIR	ST. FRANCIS S S	32.33m
11	NIKOLAS SUSNYAR	GRIMSBY SS	31.71m
12	MATTHEW PETERS	DENIS MORRIS H S	31.52m
13	VLADIMIR COJOCARI	DENIS MORRIS H S	30.80m
14	NICOLAS GALVIS	HOLY CROSS H S	28.77m
15	ABE BOESE	LAURA SECORD S S	25.43m
16	TYLER NIENORF	GRIMSBY SS	24.72m

Men 2000 Meter Steeplechase Open

=====			
Zone IV: R 6:24.17 15/05/2008 RYAN THOMAS, Grimsby DSS			
Pre 2004: r 6:17.40 1988 TIM MCNEIL, West Park			
Name	Year	School	Finals
=====			
1	MATTHEW CORMIER	SWC	7:13.15
2	JOSHUA TURNER	GRIMSBY SS	7:51.78
3	MATTHEW WASYLECZKO	GRIMSBY SS	7:56.95
4	DYLAN WALICKI	EDEN HS	8:03.70
5	JOHNATHAN GLAVES	GRIMSBY SS	8:09.86
6	MATTEO COLLEVECCHIO	ST. FRANCIS S S	8:15.79
7	DAVID SIENA	BLESSED TRINITY H S	8:23.85
8	CALEB BUYS	SMITHVILLE CHS	8:30.86
8	RAIMONDO ACETI	EDEN HS	8:30.86
10	ALEX BOEKESTYN	SMITHVILLE CHS	8:31.62
--	SAMUEL TOMAINO	BLESSED TRINITY H S	DNF

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Men 4x400 Meter Relay Open

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=====
Zone IV: R 3:33.01 15/05/2008 GRIMSBY D S S, Grimsby DSS
              D Easterbrook, C Short, K Park, C Michaud
Pre 2004: r 3:31.90 1990      , Ridley College
School                                           Finals
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=====
1 SIR WINSTON CHURCHILL 'A'                      3:41.20
  1) CAIN HASSIM                                2) MILLAR COVENEY
  3) ANDREW NEBEL                               4) JACK MONCUR
  5) JUSTIN LAWLESS                             6)
2 LAURA SECORD S S 'A'                          3:49.01
3 GRIMSBY SS 'A'                                4:06.34
  1) MATTHEW WASYLECZKO                        2) JOSHUA TURNER
  3) HUNTER HOLLOWAY                          4) MATTHEW LALONDE
4 BLESSED TRINITY H S 'A'                      4:19.76
  1) PATRICK HANNA                            2) CAMPBELL THOM
  3) DAVID SIENA                              4) KEVIN BOKELAR
  5) SAMUEL TOMAINO                           6)
=====

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Women - Midget - Team Rankings - 15 Events Scored

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=====
1) Eden -HS St. Catharines      53      2) Grimsby SS                      31
2) Governor Simcoe S S          31      4) South Lincoln H S              24
5) Laura Secord S S             21.50  5) Thorold SS                    21.50
7) Sir Winston Churchill        17      8) Holy Cross H S                 10
9) Heritage Christian School     7       9) Smithville Christian H S       7
11) Beamsville D S S            5      12) Denis Morris H S              3
=====

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Women - Junior - Team Rankings - 16 Events Scored

```

=====
1) Sir Winston Churchill        56      2) Blessed Trinity H S            48
3) Laura Secord S S             29      4) Grimsby SS                     18
5) Heritage Christian School     16      6) Denis Morris H S               13
7) South Lincoln H S            12      8) Beamsville D S S              11
8) Eden -HS St. Catharines     11     10) Holy Cross H S                 8
11) Smithville Christian H S     5      11) St. Francis S S              5
13) St. Catharines C I          4
=====

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Women - Senior - Team Rankings - 16 Events Scored

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=====
1) Sir Winston Churchill        44      1) Laura Secord S S              44
3) Blessed Trinity H S          30      4) Denis Morris H S              24
5) Eden -HS St. Catharines     22      6) Grimsby SS                    16
7) Holy Cross H S              12      8) South Lincoln H S             10
8) Heritage Christian School    10     10) Beamsville D S S              9
11) St. Francis S S            6
=====

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Women - Open - Team Rankings - 2 Events Scored

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=====
1) Laura Secord S S            13      2) Denis Morris H S              6
3) Sir Winston Churchill       4       4) South Lincoln H S             2
=====

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Women - Ambulatory - Team Rankings - 1 Events Scored

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=====
1) Governor Simcoe S S        10
=====

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2014 ZONE 4 CHAMPIONSHIP MEET
THE SOSSA QUALIFIER MEET - 15/05/2014
Niagara Olympic Club- @ Wet Park
Results

....Men 4x400 Meter Relay Open

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Men - Midget - Team Rankings - 15 Events Scored

=====

1) Sir Winston Churchill	58	2) Blessed Trinity H S	28.50
3) Beamsville D S S	28	4) Governor Simcoe S S	23
5) Eden -HS St. Catharines	22.50	6) Thorold SS	16
7) DSBN Academy	14	8) Grimsby SS	11
8) South Lincoln H S	11	10) Laura Secord S S	10
11) St. Francis S S	7	12) Holy Cross H S	4
12) Denis Morris H S	4	14) Heritage Christian School	1
14) St. Catharines C I	1		

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=====

Men - Junior - Team Rankings - 16 Events Scored

=====

1) Sir Winston Churchill	84	2) Laura Secord S S	32
3) South Lincoln H S	31	4) Grimsby SS	25
5) Denis Morris H S	18	6) Heritage Christian School	14
7) Thorold SS	10	8) St. Catharines C I	9
9) Smithville Christian H S	4	9) Beamsville DS S	4
11) Blessed Trinity H S	2		

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=====

Men - Senior - Team Rankings - 15 Events Scored

=====

1) Sir Winston Churchill	72	2) Denis Morris H S	48
3) Laura Secord S S	28.50	4) Governor Simcoe S S	18
5) St. Catharines C I	13	6) Grimsby SS	11
7) Smithville Christian H S	10	7) Blessed Trinity H S	10
9) Thorold SS	8	10) Beamsville D S S	6
10) St. Francis S S	6	10) Holy Cross H S	6
13) Eden -HS St. Catharines	2.50	14) South Lincoln H S	1

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Men - Open - Team Rankings - 2 Events Scored

=====

1) Sir Winston Churchill	12	2) Grimsby SS	11
3) Laura Secord S S	4	4) Blessed Trinity H S	2
4) Eden -HS St. Catharines	2		

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Combined Team Scores - Midget - 30 Events Scored

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1) Eden -HS St. Catharines	75.50	2) Sir Winston Churchill	75
3) Governor Simcoe S S	54	4) Grimsby SS	42
5) Thorold SS	37.50	6) South Lincoln H S	35
7) Beamsville D S S	33	8) Laura Secord S S	31.50
9) Blessed Trinity H S	28.50	10) DSBN Academy	14
10) Holy Cross H S	14	12) Heritage Christian School	8
13) St. Francis S S	7	13) Denis Morris H S	7
13) Smithville Christian H S	7	16) St. Catharines C I	1

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=====

Combined Team Scores - Junior - 32 Events Scored

=====

1) Sir Winston Churchill	140	2) Laura Secord S S	61
3) Blessed Trinity H S	50	4) South Lincoln H S	43
4) Grimsby SS	43	6) Denis Morris H S	31
7) Heritage Christian School	30	8) Beamsville D S S	15

2014 ZONE 4 CHAMPIONSHIP MEET
THE SOSSA QUALIFIER MEET - 15/05/2014
Niagara Olympic Club- @ Wet Park
Results

....Men 4x400 Meter Relay Open

9) St. Catharines C I	13	10) Eden -HS St. Catharines	11
11) Thorold SS	10	12) Smithville Christian H S	9
13) Holy Cross H S	8	14) St. Francis S S	5

=====

Combined Team Scores - Senior - 31 Events Scored

=====

1) Sir Winston Churchill	116	2) Laura Secord S S	72.50
3) Denis Morris H S	72	4) Blessed Trinity H S	40
5) Grimsby SS	27	6) Eden -HS St. Catharines	24.50
7) Holy Cross H S	18	7) Governor Simcoe S S	18
9) Beamsville D S S	15	10) St. Catharines C I	13
11) St. Francis S S	12	12) South Lincoln H S	11
13) Heritage Christian School	10	13) Smithville Christian H S	10
15) Thorold SS	8		

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Combined Team Scores - Open - 4 Events Scored

=====

1) Laura Secord S S	17	2) Sir Winston Churchill	16
3) Grimsby SS	11	4) Denis Morris H S	6
5) South Lincoln H S	2	5) Eden -HS St. Catharines	2
5) Blessed Trinity H S	2		

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Combined Team Scores - Ambulatory - 1 Events Scored

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1) Governor Simcoe S S	10
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